Janet E. Malser Memorial
Seventh Annual Killdeer Island Five
Lake Chargoggagoggmanchaugagoggchabunagungamaug

AGAIN IN 2008

$100 CASH AWARDS WILL BE MADE TO THE MALE & FEMALE RUNNERS TO ESTABLISH NEW COURSE RECORDS. THE CURRENT RECORDS ARE 27:31 FOR MALES AND 33:35 FOR FEMALES.

Place: Killdeer Island Club
Killdeer Island Road
Webster, MA

Date: Saturday, Sept. 13, 2008 at 9:30am Walkers & 10:00am Runners

Entry Fee: $12.00 pre-entry postmarked by August 23rd—Free Tee Shirt
$17.00 post-entry

Make checks payable to Killdeer Island Club and mail to:

Ruth Danforth
120 South Shore Road
Webster, MA 01570

Kenneth Deary
60 West Main Street
Dudley, MA 01571

This is a **race/run/walk** for people of all ages and abilities taking place entirely on the Killdeer Island peninsula. The course is a figure 8 & ½ and run on one of the most scenic courses you will ever see. Come and enjoy the magnificent views of the lake amongst the beautiful homes and summer cottages on the island. The 5-mile course is mostly flat with two short but challenging hills. The road surfaces are paved with the exception of 1/3 of a mile of hard-packed gravel. It is a great course for spectators as the race passes through the start/finish line twice in the middle of the race. In addition to the bonus opportunity highlighted above, trophies will be awarded to the first three male and female runners in the race and the first three walkers. Also, age group prizes will be offered to the first 3 runners in each age group. Post-race refreshments and ice cold beverages will be available to all participants. A portion of the proceeds will be donated to the Dudley-Webster Boys & Girls Club.

Directions to the race site. *From points west:* From I-395 take exit 2 onto Route 16 in Webster. Head east on Route 16 for exactly 1.1 miles. Turn right between the Chowder Bowl and the Lodge Restaurant onto Killdeer Island Road. Follow signs to the race site. *From points east:* Take Route 16 west into Webster. Shortly after the bad curve you'll come to Indian Ranch. About a quarter of a mile after Indian Ranch, turn left onto Killdeer Island Road which is after the Lodge Restaurant. Follow signs to the race site.

Save

Clip & Send In

Waiver of responsibility-Assumption of risk

I understand that running can be a dangerous activity. I freely assume all risks taken by me with my participation in this event. I agree to forever waive and release the Killdeer Island Club and all persons involved in the organization of this event for all injuries or damages I may incur by my involvement in this event.

Name:_____ Address:_____

City/Town:_____ State:_____ Zip:_____

Gender: M F Age:_____ E-mail:_____

Signature:_____
Parent's signature, if under 18 years old

Circle the event you are doing: 5 mile run 5 mile walk Circle Tee Shirt Size S M L XL

Additional applications available at www.killdeerisland.com Click on Killdeer Island Club.