

JULIA HARE, PH.D. COMMENTS ON FORTHCOMING ANTHOLOGY

"GUMBO FOR THE SOUL: WOMEN OF HONOR"

*An anthology of savory literary offerings honoring women and supporting the fight against breast cancer – benefiting Sister's Network Inc., San Francisco Chapter
(A non-profit African American Breast Cancer Survivorship Organization)*

NATIONWIDE – SEPTEMBER 8, 2010: She's informed. She's passionate. And she's extraordinarily straightforward! She exudes sass and carries herself with the utmost class while delivering her poignant messages with thoughtful care, wit and wisdom. Dr. Julia Hare is a best-selling author; highly sought-after lecturer and expert commentator; and widely regarded as one of the most dynamic motivational speakers on the nation's podiums today. Dr. Hare has authorized her glowing remarks about Gumbo for the Soul: Women of Honor to be placed on the book's back cover. This, the third in the "Gumbo for the Soul" anthology series, is expected to be in print October 2010.



Julia Hare, Ph.D.

Dr. Julia Hare, a licensed clinical psychologist, is the National Executive Director of The Black Think Tank, headquartered in San Francisco, CA. In its May 2008 issue, *EBONY Magazine* named her among "The EBONY Power 150: The Most Influential Blacks in America." Prior to the *EBONY Magazine* recognition, Dr. Hare electrified Tavis Smiley's 2007 "State of the Black Union" conference, carried live on C-Span. Resulting YouTube video clips of her quickly chalked up more than a million hits on the Internet as viewers passed her eloquent tidbits around the world.

AMONG THE MANY TITLES AUTHORED AND CO-AUTHORED BY DR. HARE ARE:

- *"The Sexual and Political Anorexia of the Black Woman"*
- *"The Black Agenda"*
- *"The Miseducation of the Black Child—The Hare Plan: Educate Every Black Man, Woman and Child"*
- *"How to Find and Keep a BMW: Black Man Working"*

A gifted speaker, Dr. Hare is in demand both nationally and internationally. She is a product of Tulsa's "Black Wall Street" where she has been inducted into the Booker T. Washington Hall of Fame. Dr. Julia Hare resides in San Francisco with her husband – celebrated author, lecturer and Black Studies professor Dr. Nathan Hare.

DR. JULIA HARE'S COMMENT WILL APPEAR ON THE BACK OF THE BOOK'S JACKET:

"I am utterly ecstatic to read about all of the strong, loving, creative, and determined women who are being honored in this book. Each story, poem and ..."

You'll see Dr. Hare's full heartfelt quote when you get the book!

Gumbo for the Soul: Women of Honor may be pre-ordered
by mail or online: www.gumboforthesoul.com/12901.html

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GUMBO FOR THE SOUL: WOMEN OF HONOR

SPECIAL PINK EDITION[®]

Compiled by **Beverly Black Johnson**

Gumbo for the Soul Publications, October 2010

ISBN: 978-0-9790479-1-6

Paperback, \$11.95 U.S.

Genre: Inspiration/Self Help

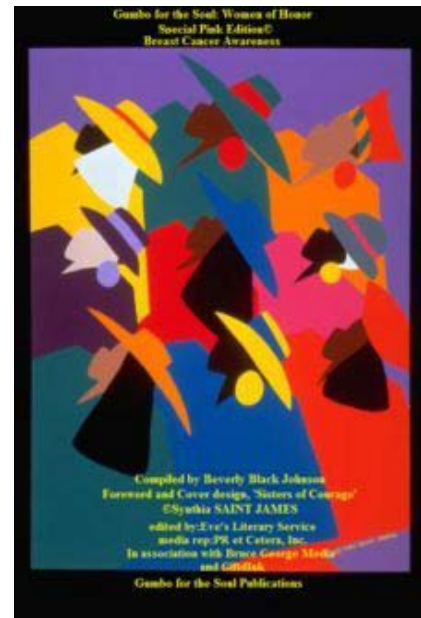
BOOK COVER:

"Sisters of Courage"[®] by **Synthia SAINT JAMES**
Celebrated artist, author, architectural designer and Kwanzaa
postage stamp illustrator

FOREWORD: Synthia SAINT JAMES

PROCEEDS BENEFIT:

Sisters Network, Inc., San Francisco Chapter
(A non-profit African American Breast Cancer Survivorship Organization)



WORKS CONTRIBUTED TO THIS ANTHOLOGY

The Battle – Kimberly Albritton
My Woman, My Family – H. Renay Anderson
The Memorial of Janice Carol Tillman – Elaine Bean
I've Got a Hookup 'cuz God is a Friend of Mine! – Toni Beckham
Forever My Heart: Her Quiet Strength – Patricia A. Bridewell
Commanding Respect – Linda Brown
I Had Cancer on My Wedding Day – Crystal Brown-Tatum
Your Strength – Lorita Kelsey Childress
Starr Power Pilates – Starr Carson Cleary
The Power of a Mother's Love – Carla J. Curtis
Surviving My Breast Challenge – Yvonne Singleton Davis
The Wisdom Keepers – Vernon J. Davis Jr.
The Buck Stops Here – Minister Mary Edwards
NeeCee's Shine – Lorraine Elzia
I Am Said So – Audrey Forrest-Carter, Ph.D.
Who Am I? – Shelia M. Goss
Annie Pearl's Ballad – Sharon Stinson Gray
Woman of Faith – Sylvia Larane Green
A Whisper of Hope – Marcia Hodge
Quiet Soldiers – Beverly Black Johnson
With Pride and Grace – Beverly Black Johnson
Mirror of Friendship – Sabrina Labord-Small
Wisdom on My Sleeve – Sabrina Labord-Small
Mama – Karen Elaine O'Bannon
Black Women, Tired – Rolanda Pyle
My Aunties! – Rolanda Pyle
Her-Story: Mattie Sanders Carter – Jacqui Roberts
Women of Honor Full of Spirit and Light – Pamela S. Rivers
The BIG "C" – Donielle A. Smith
Threshold – Bonita Sanabria
Survivor – Elizabeth Udell
Abundant Love – Serena Theresa Wills
... and Synthia SAINT JAMES' quotes dispersed throughout

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