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FOR IMMEDIATE RELEASE

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“GUMBO FOR THE SOUL: WOMEN OF HONOR” HITS BOOK STORES

Third in Award-winning Anthology Series Benefits Breast Cancer Organization

Compiled by San Francisco Bay Area native Beverly Black Johnson "Gumbo for the Soul: Women of Honor" is an assemblage of savory literary offerings honoring women and supporting the fight against breast cancer. Synthia SAINT JAMES, Dr. Julia Hare, Lorraine Elzia, Shelia M. Goss, Bruce George, Sharon Stinson Gray and many other individuals of prominence contributed to successfully bringing the sure-to-be best-seller to fruition. Proceeds from this special pink edition anthology will benefit Sister's Network Inc., San Francisco Chapter (a national African American breast cancer survivorship organization).

NATIONWIDE – Gumbo for the Soul Publications is excited to announce the launch of **Gumbo for the Soul: Women of Honor**, the third in its award-winning series of anthologies. The non-profit entity donates proceeds from each anthology title to non-profit educational and humanitarian organizations. **Gumbo for the Soul: Women of Honor** will benefit Sisters Network, San Francisco Chapter (a non-profit African American breast cancer survivorship organization). The sensational new book may be purchased online (\$11.95) at Amazon.com, BN.com, and through Gumbo for the Soul Publications www.gumboforthesoul.com/11.html.

GUMBO FOR THE SOUL: WOMEN OF HONOR SPECIAL PINK EDITION®

COMPILED by Beverly Black Johnson

Gumbo for the Soul Publications, Oct. 2010

ISBN: 978-0-9790479-1-6

Paperback, 140 pp, \$11.95 U.S.

GENRE: Inspiration/Self Help

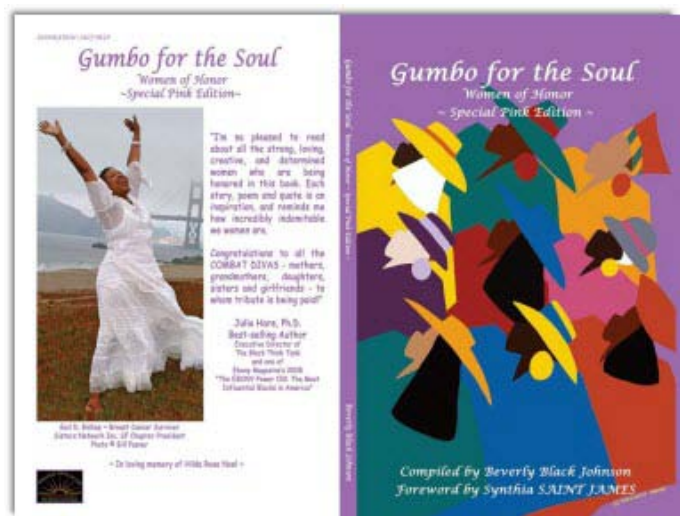
A Bruce George Media vision

BOOK COVER: "Sisters of Courage"®

by Synthia SAINT JAMES, celebrated artist, author, architectural designer and Kwanzaa postage stamp illustrator

FOREWORD by Synthia SAINT JAMES

Gail D. Bishop, Sisters Network, Inc. San Francisco Chapter president, breast cancer survivor and recent recipient of the San Francisco Chapter Susan G. Komen 2010 Hope and Inspiration Award, is lovingly pictured on the book's back cover.



“Gumbo for the Soul: Women of Honor” book jacket

-more-

Licensed clinical psychologist and best-selling author Julia Hare, Ph.D. lent her name to this important work by providing the following back cover comment: *"I am utterly ecstatic to read about all of the strong, loving, creative, and determined women who are being honored in this book. Each story, poem and quote is an inspiration, and reminds me how incredibly indomitable we women are. Congratulations to all the COMBAT DIVAS – mothers, grandmothers, daughters, sisters and girlfriends – to whom tribute is being paid."*

Works contributed to this anthology include:

The Battle – Kimberly Albritton

My Woman, My Family – H. Renay Anderson

The Memorial of Janice Carol Tillman – Elaine Bean

I've Got a Hookup 'cuz God is a Friend of Mine! – Toni Beckham

Forever My Heart: Her Quiet Strength – Patricia A. Bridewell

Commanding Respect – Linda Brown

I Had Cancer on My Wedding Day – Crystal Brown-Tatum

Your Strength – Lorita Kelsey Childress

Starr Power Pilates – Starr Carson Cleary

The Power of a Mother's Love – Carla J. Curtis

Surviving My Breast Challenge – Yvonne Singleton Davis

The Wisdom Keepers – Vernon J. Davis Jr.

Woman, You Are Beautiful - Dawn Christina Dennis

The Buck Stops Here – Minister Mary Edwards

NeeCee's Shine – Lorraine Elzia

I Am Said So – Audrey Forrest-Carter, Ph.D.

Who Am I? – Shelia M. Goss

Annie Pearl's Ballad – Sharon Stinson Gray

Woman of Faith – Sylvia Larane Green

A Whisper of Hope – Marcia Hodge

Quiet Soldiers – Beverly Black Johnson

With Pride and Grace – Beverly Black Johnson

Mirror of Friendship – Sabrina Labord-Small

Wisdom on My Sleeve – Sabrina Labord-Small

Mama – Karen Elaine O'Bannon

Black Women, Tired – Rolanda Pyle

My Aunties! – Rolanda Pyle

Her-Story: Mattie Sanders Carter – Jacqui Roberts

Women of Honor Full of Spirit and Light – Pamela S. Rivers

The BIG "C" – Donielle A. Smith

Threshold – Bonita Sanabria

Survivor – Elizabeth Udell

Abundant Love – Serena Theresa Wills

... and Synthia SAINT JAMES' quotes dispersed throughout