

AUGUST 2018

THE PINES



IN THIS ISSUE...

From The Board And Management.....	5	A Guide For Survivors	20
Golf Cart Maintenance	8	Niners Sock Hop.....	29
Heritage Pines Website	8	HP Veterans Club	41



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11524 Scenic Hills Blvd. • Hudson, FL 34667 (727) 861-7784

PHONE NUMBERS TO REMEMBER:

EMERGENCY911
 Sheriff: Non Emergency727-847-8102
 Clubhouse Front Desk861-7784
 Gate House862-9288
Gatehouse@HeritagePines.net
 Pro Shop861-1645
 Dining Room861-1677

Website: www.heritagepines.net

Newsletter/calendar submissions:
celeste.nolan@heritagepines.net

NEW FAX Number - Effective February 20, 2017 we added a new email fax service to accommodate any resident needs for receiving faxes. The new incoming fax number is **727-619-6626**.

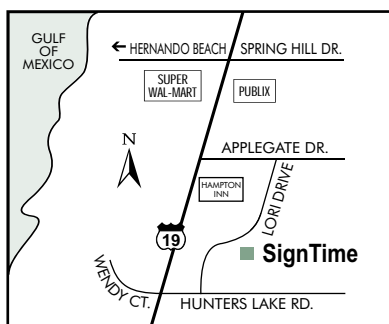


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TABLE OF CONTENTS

AARP Driving Class.....	19	Investment Club	43
A Guide for Survivors.....	20	Karaoke Night	20
Accounting Department	7	Ladies' Niners Golf.....	29
Angels in the Pines	39	Library News.....	52
Architectural Control Committee	13	Lifestyle Committee.....	13
Ask The Techie	40	Line Dancing.....	38
Ballroom Dancing	55	Mary Giella Food Donations ...	51
Banquets and Catering.....	10	Men's Golf Association.....	30
Bingo	19	Men's Niners Golf.....	31
Book Club.....	38	Mikki & Jim Behner	
Breakfast Buffet.....	18	Melody Show	22
Bridge Groups.....	55	Monday Ladies' Bible Study...56	
Bunco	40	Monday Men's Bible Study56	
Calendar	34 & 35	Motown and Beyond.....	25
Cat Sitters.....	55	Movie Night.....	26
Ceramics	53	Need A Ride?	44
Chef Attended Buffets	19	Niners Sock Hop	29
Choice Hearing & Ear Clinic ...9		Open Interest Art.....	39
Classifieds	59	Packages For The Troops.....	43
Community/Memorial Tree	14	Painting and Wine Party	21
Computer Training Class	43	Paleo Park Elliot Site	54
Democratic Club	55	Pasco County Recommended Tree List	49
Drama Club	50	Ping Pong - Pickleball - Bowling.....	50
Drawing/Painting Class	56	Poker Players Wanted	43
Dress Code.....	18	Publix Delivers!	44
Employee Contact Information .12		Recycling Program	10
Environmental Issues Committee	13	Red Hat Sophisticates	51
Exterior Change Request Form	15 & 16	Resident Services & Support...8	
Food & Wine Club	53	Rockadelic 60s Music	23
From the Board of Directors	5	R.O.M.E.O. Club	37
From the General Manager.....	5	R.O.M.E.O. Cruise.....	22
Game Night	26	Softball News	55
Golf Cart Maintenance	8	Sportsmen's Club	44
Golf Course and Common Grounds Maintenance	7	Super Seniors.....	44
Golf Handicap.....	30	Tai Chi	52
Happy Birthday Residents	11	Tennis News	54
Heritage Pines Community Artist in Residence	38	Theatre Club	50
Heritage Pines Ladies' Bowling League	44	Toymakers.....	43
Heritage Pines Veterans Club .41		Treasurer's Report	6
Heritage Pines Visiting Guests ..7		Tuesday Ladies' Bible Study ...56	
Heritage Pines Website	8	Tuesday Night Dinner and Dancing.....	20
Hours & Food and Beverage Specials	17	Village Attic	57
HPLGA "Par" ticulars	30	Walk Aerobics	52
In Memoriam.....	57	Water Aerobics	39
Independence Day Pictures ...25		Welcome New Residents!	9
		Why Your Florida Garden Needs Yucca Plants	59
		Will Call Ticket Procedure.....	17
		Yoga.....	56

MAIN CLUBHOUSE HOURS OF OPERATION

	Open	Close
Sunday	7:00 a.m.	5:00 p.m.
Monday	7:00 a.m.	10:00 p.m.
Tuesday	7:00 a.m.	10:00 p.m.
Wednesday	7:00 a.m.	10:00 p.m.
Thursday	7:00 a.m.	10:00 p.m.
Friday	7:00 a.m.	10:00 p.m.
Saturday	7:00 a.m.	10:00 p.m.

FRONT DESK HOURS OF OPERATION

	Open	Close
Sunday	CLOSED ALL DAY	
Monday	9:00 a.m.	5:30 p.m.
Tuesday	9:00 a.m.	6:30 p.m.
Wednesday	9:00 a.m.	5:30 p.m.
Thursday	9:00 a.m.	5:30 p.m.
Friday	9:00 a.m.	4:30 p.m.
Saturday	9:00 a.m.	4:30 p.m.

To better serve you, the Front Desk is now open late on Tuesdays!

FITNESS CENTER HOURS OF OPERATION

	Open	Close
Sunday	6:00 a.m.	5:00 p.m.
Monday	6:00 a.m.	10:00 p.m.
Tuesday	6:00 a.m.	10:00 p.m.
Wednesday	6:00 a.m.	10:00 p.m.
Thursday	6:00 a.m.	10:00 p.m.
Friday	6:00 a.m.	10:00 p.m.
Saturday	6:00 a.m.	10:00 p.m.

SWIMMING POOL HOURS OF OPERATION

	Open	Close
Sunday	6:00 a.m.	10:00 p.m.
Monday	6:00 a.m.	10:00 p.m.
Tuesday	6:00 a.m.	10:00 p.m.
Wednesday	6:00 a.m.	10:00 p.m.
Thursday	6:00 a.m.	10:00 p.m.
Friday	6:00 a.m.	10:00 p.m.
Saturday	6:00 a.m.	10:00 p.m.

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FROM THE BOARD OF DIRECTORS



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Joyce Welsh
Director

Mother Nature has been kind to Heritage Pines with a wonderful abundance of sunshine followed by an equally generous amount of rain. Our new plants in front of the Clubhouse look happy and healthy. They are definitely calling it home and pleasing everyone who strolls by. We get many compliments on the new landscape design with special recognition going to the Pineapple Palms gracing the entrance and exit of the circular driveway in front of the Clubhouse. Those palms are a symbol of welcome and hospitality and are so appropriately located. The trimming of all of the larger trees allows for better air circulation and, along with the new plantings, gives the Clubhouse a fresh, vibrant and younger look. And, as if that was not enough, the freshly painted Clubhouse was an added plus. We would like to thank Virginia Grand Pre and her committee for the time and effort spent on their design of our new landscaping, and their diligent approach to carrying out their plan.

The Board continues to work on our Strategic Plan and are excited about the many possibilities before us. At this point, we are still awaiting the report from the Professional Space Consultant. He has been tasked with helping us determine how we can better use the space we currently have and if and what kind of additional space may be needed.

In the HOA business, there is a human element and a timing aspect to the use of our space, that is different than other businesses. McGladrey mentions this in his latest annual professional assessment of HOA's in the state of Florida. We are taking that into consideration.

The Board looks forward to sharing its ideas with residents in the near future. We will want to hear your ideas. The Board and HP residents will need to make final decisions based on what is best for the whole community. These decisions must protect our investments and provide a comfortable but active lifestyle for all residents.

It is August and the hurricane season is here. Please be

prepared and be cautious. We are always comforted by the Herb Elliott stories of our ancient ancestors who traveled from near and far to this very location during the stormy season because they knew it was the safest place to be.

Enjoy the rest of your summer.

FROM THE GENERAL MANAGER



By Bill Crusselle, *Club Manager*

Last month's article was mostly about some of the changes that were going to occur in July with more details the office staff. These changes have taken place and we ask that you be patient as Celeste and

Cheryl get adjusted to their new positions. Also, if you are at the front desk and see a new face, take a moment and welcome Desiree Smith to Heritage Pines. Desiree has taken Cheryl's position and is going through the training process while getting to know our residents.

We are getting so many positive comments on the golf course and common grounds as DTE continues to be aggressive in summer weed control and fertilization to stimulate the Bermuda grass. After they finished up their audits of the course and common grounds during the months of May and June we met to discuss how to go forward this year and in the coming years to meet and exceed our residents expectations. They are gathering information on the areas that we agreed upon and should have more details to us this month as we begin the budget process for 2019.

Thank you to everyone for your patience and understanding as we completed the painting of the clubhouse and the landscape project last month. It was certainly a lengthy process but it has certainly improved and updated the Clubhouse area. The wood shop is in the permitting phase and we are on hold until we have approval to start the project.

continue to next page





TREASURER'S REPORT

By Steve Vance, HPCA Board Treasurer



Month: June 2018

2018 Year to Date

Revenues	Actual	Budget	Better or (Worse)
Resident Assessments	\$206,682	\$206,682	\$0
Golf Course/Golf Shop	\$50,779	\$54,913	(\$4,134)
Food Service	\$69,329	\$74,582	(\$5,253)
Other	\$11,169	\$20,396	(\$9,227)
Total Revenue	\$337,959	\$356,573	(\$18,614)

Actual	Budget	Better or (Worse)
\$1,240,092	\$1,240,092	\$0
\$444,849	\$434,890	\$9,959
\$562,361	\$568,643	(\$6,282)
\$113,953	\$123,301	(\$9,348)
\$2,361,255	\$2,366,926	(\$5,671)

Expenses	Actual	Budget	Better or (Worse)
Administration	\$85,480	\$87,519	\$2,039
Member Services	\$9,446	\$10,801	\$1,355
Food Services	\$86,883	\$76,931	(\$9,952)
Golf Shop	\$19,339	\$18,255	(\$1,084)
Facilities	\$60,395	\$64,864	\$4,469
Golf Course	\$84,087	\$72,135	(\$11,952)
Common Grounds	\$35,604	\$30,842	(\$4,762)
Capital Expenditures	\$3,393	\$3,400	\$7
Total Expenses	\$384,627	\$364,747	(\$19,880)

Actual	Budget	Better or (Worse)
\$531,447	\$545,960	\$14,513
\$63,035	\$70,462	\$7,427
\$643,911	\$658,822	\$14,911
\$140,268	\$140,015	(\$253)
\$286,422	\$289,032	\$2,610
\$451,131	\$433,976	(\$17,155)
\$208,435	\$197,714	(\$10,721)
\$3,393	\$3,400	\$7
\$2,328,042	\$2,339,381	\$11,339

Operating Net Income	#####	(\$8,174.00)	(\$38,494.00)
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\$33,213.00	\$27,545.00	\$5,668.00
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Food and Beverage	Actual	Budget	Better or (Worse)
Revenues	\$69,329	\$74,582	(\$5,253)
Expenses	\$86,883	\$76,931	(\$9,952)
Income (Loss)	(\$17,554)	(\$2,349)	(\$15,205)

Actual	Budget	Better or (Worse)
\$562,361	\$568,643	(\$6,282)
\$643,911	\$658,822	\$14,911
(\$81,550)	(\$90,179)	\$8,629

Golf	Actual	Budget	Better or (Worse)
Revenues	\$50,779	\$54,913	(\$4,134)
Expenses	\$103,426	\$90,390	(\$13,036)
Income (Loss)	(\$52,647)	(\$35,477)	(\$17,170)

Actual	Budget	Better or (Worse)
\$444,849	\$434,890	\$9,959
\$591,399	\$573,991	(\$17,408)
(\$146,550)	(\$139,101)	(\$7,449)

Reserve Account \$2,084,251

FROM THE GENERAL MANAGER cont'd

Back in May, after a presentation and question and answer session, the Board agreed to hire a Space Utilization Consultant to address what needs to be done to address the findings of the four previous Board Planning Workshop's. We hope to have their plans and suggestions back this month.

We will also be installing stop signs on Scenic Hills at the crosswalks this month. This will slow down the traffic in front of the Clubhouse and provide a safer area for our residents and guests to walk across the road.

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FROM THE ACCOUNTING DEPT.

2018 HOA Fees

The monthly assessment amount is \$185 per month for Heritage Pines Community Association. Many of the village assessments have changed as well. Please check with your village manager if you have any questions on that amount. You do not have to do anything to change monthly automatic debit amount if you are set up for ACH. It will be processed at the new amount.

ACH and Online/Email Services

If you are not set up for automatic debit (ACH), please consider this simple process. It's easy to set up and you don't have to worry about anything except deducting the amount from your checking balance each month. And in case you did not know, we never deduct your HOA fee before the third each month. We had many requests to hold off until the third from members that don't receive their direct deposits until then. Also please consider doing away with paper statements. You can view online or have emailed. Just request an "Opt out of paper statement form" from the office, fill out and return with your email address.

Out of Town Mail Service

Recently it was brought to our attention that some mail does not get forwarded if the name on your account is something different, like a trust for example. If you are going out of town for an extended period of time, please let us know in the office. We can set your mail to go to another address so you don't miss important association mailings. Just remember to give us a call or email to change it back when you return home.

Member Charge (Jonas) System

We always ask that you bring your member charge card to the club for purchases. This just helps prevent charge errors. If you do not have your card, please do not sign your charge until you have verified it has correct member information at the top. Also as mentioned before, our Jonas system separates your HOA fees and club charges, so we need to have them paid separately. We appreciate that most monthly accounts are current and if not it is usually a one time oversight and we take that into consideration. Please keep in mind club charges not paid by the 20th of following month can be assessed a \$25 late fee as well as HOA fees not paid in the month they are due for.

HERITAGE PINES VISITING GUESTS

Important Notice from the Heritage Pines Clubhouse in Regards to Guests:

We understand that there are times when you have family or friends visiting and you are not able to accompany them to the Clubhouse or pool. Effective May 10, 2018, you will need to register your guests at the Clubhouse front desk. You will be given a guest card/cards for your visitors to use at the pool or in the Clubhouse. The card has an area for you to authorize or deny charge privileges for the guest on your "[HPCA Member Account](#)." We will not be able to allow them to member charge without a signed guest card and can only accept cash or credit card as payment. **This policy is to ensure your wishes are followed in regards to your guests.**

Thank you, Heritage Pines Management /Staff

GOLF COURSE AND COMMON GROUNDS MAINTENANCE NEWS

By Jeremy Martin, *Golf Course Superintendent*

Now that I have a couple months under my belt here at Heritage Pines, I am hoping that you are seeing the improvements in the golf course and common areas. We have been able to stick to our scheduled maintenance which gives you a better overall appearance as you drive throughout the community.

We had another course closure this month and were able to get the greens verticut, aerified, and topdressed. This process relieves compaction, removes old organic build-ups, and helps to provide water and oxygen to the root zone. It is an extremely invasive procedure but is absolutely necessary. The greens are healing nicely but will take a little more time before they are back to normal. We also applied another granular fertilizer to all turf areas along with a pre-emergent. This will help with recovery of the weak areas that we are still seeing and help reduce the overall weed pressure. Thank you for your patience during this time. We are still seeing mole cricket activity throughout the golf course. We decided to go ahead and spray all turf areas with an insecticide to help control them. We also added a herbicide to the mix to treat the weeds at the same time. This application has been completed in the roughs and we will be working on the tees and fairways next week. We are also continuously treating the weeds in the rough and beds throughout the golf course. With all the rain that we have had this summer it has not been easy keeping up with the weed pressure, but we are applying pre-emergents to bed and turf areas to help us with control.

We have been working our new maintenance schedule in the common area for over a month now and have it down to a four day mowing schedule. This leaves us one full day each week to complete detail work in each section. This has been going well lately, but it is time to trim the green mile again and I am sure will throw us off schedule. Once the green mile has been trimmed, we are going to apply a growth regulator to slow down growth and prevent us from having to trim it once a month. We were able to get the frost damaged plant material removed and replaced along the wall on #7 green and we will be turning in proposals to enhance other monument and high focal areas throughout the community.

Phase 3 landscape project is complete. Safari Landscaping had to fight the weather throughout the entire project but still gave us a quality installation. We were able to work it out with them to include trimming all of the trees in the parking lot instead of just the first row. Now that they have that completed, our crew will trim all the plant material around the clubhouse and parking lot.

Our next course closure is scheduled for August 14th and 15th and we plan to aerify the greens again just like we did this time. We will also be aerifying some areas in the fairways and we are going to try to get all tees and fairways verticut. I am not sure how much we will be able to get completed, but after seeing how well things went this time, I am setting the bar high.

Thank you again for allowing us to complete this work even though it does interfere with your golf experience. We will do our best to clean up as quick as possible and push the turf to recover quickly. I hope everyone is seeing the progress that is being made and I look forward to hearing the feedback.

GOLF CART MAINTENANCE & REPAIR AT HERITAGE PINES

Golf Cart Maintenance and Repair at Heritage Pines Facilities Department is proudly offering a Golf Cart Maintenance Service for the residents of HP! All we need from residents is your name, phone number, model and year of golf cart. Service will be provided by scheduled appointments only through the front desk. Services will be provided only on the days and times listed below.

Tuesdays 8:00 a.m. - 3:00 p.m.

Wednesdays 8:00 a.m. - 3:00 p.m.

Thursday 8:00 a.m. - 3:00 p.m.



We believe that preventive maintenance is the key to preserving your cart. As such, we are offering our residents a Preventative Maintenance Program.

\$99.95 + tax (4 visits) or \$49.95 + tax (1 visit)

Preventative Maintenance Program includes:

- ✓ Batteries – Fluid levels clean and fill as needed.
- ✓ Battery and cable connections and condition.
- ✓ Battery Cage – Inspect, clean and neutralize battery acid. (Additional cost to remove batteries and neutralize cage.)
- ✓ Charger – Examine plugs for proper connection. (At Request)
- ✓ Check brakes and cables, clean and adjust if necessary.
- ✓ Tires – Check pressure, examine for cuts and excessive wear.
- ✓ Check operation of fuses, light, horn and warning buzzers.
- ✓ Check all wiring connections.
- ✓ Steering and Control Linkages – Check for proper operation and lubricate.
- ✓ Accelerator – Check for proper operation and lubricate.
- ✓ Forward – Reverse Switch – Remove, clean and lubricate.
- ✓ Wheels – check for bent rims, missing or loose lug nuts.
- ✓ Check overall vehicle condition.
- ✓ Complete service report completed. (copy for customer and copy kept on file)
- ✓ Cart detailing included.

In most cases, Routine Service Checks can be completed in one hour. Additional parts are not included in the service fee; however, an estimate for any additional parts or repairs can often be given at the time of service. We will obtain parts at the best prices possible without compromising quality.

BATTERIES/TIRES/ACCESSORIES at DISCOUNTED PRICES

Service Rates/Conditions:

- \$45.00 per hour
- Parts, batteries, tires and accessories at competitive rates. Some parts available same day.
- Cart towing - \$25.00 – Note: If cart repaired by HP, cart tow fee is waived.
- 30% over our cost plus installation
- 30 day warranty on labor/installation (labor) manufacturer warranty on parts.
- Refer a neighbor – Get 10% off next cart service for you and your neighbor.

HP RESIDENT SERVICES & SUPPORT

By Charles Gaffka, RSS-Manager
chuck.gaffka@Heritagepines.net



Hello to everyone in Heritage Pines Community. Remember to please watch your SPEED while driving in the community. It's not only for everyone's safety but your own. Also please use the STOP signs, it's there for your safety and others!

The Gatehouse Emergency phone number is **727-236-0591 (this is a backup number only used when phones are not working)**. Just a reminder for residents, when coming in the visitor lane or if the barcode does not work, it is required for Resident Services and Support to see resident's I.D. Here is a list of our incidents report for the month of June 2018:

Courtesy calls made for garage doors open after midnight (left open): (41) Please check garage doors before going to bed. If you want to leave your garage door open for the night, just let us know and we will not call you and wake you up.

Sheriff on grounds (Routine Inquiries): (6)

Fire Trucks and/or Rescue Workers, and/or Ambulances: (46)

Overnight warning tickets, Disabled parking: (12)

Street lights reported out: (2)

Dome left on in vehicles: (2)

Resident refused to show I.D. at front gate incident: (1)

It is a requirement to show a valid I.D. at the front visitor lane the gate. You must let the staff on duty know you are a resident. If coming into property and barcode lane is blocked by another vehicle, please stay in the barcode lane. This is an EMERGENCY LANE as well as the residents barcode lane. The staff at the gate are working on getting this lane cleared first. Visitor lane has to wait until vendor's vehicle is cleared from barcode lane.

Two residents involved in an accident at Scenic Hills Blvd. and Grand Club Drive: (1)

Total number of vehicles on radar for the month: (1200)
(Clocked, submitted for verification) (60)

HERITAGE PINES WEBSITE

By Kimberley Norton, LCAM®, Office Manager

By now many of you are enjoying the new Heritage Pines website. With this change we have many new options available to us, but not everything will be the same as the last website. Of great value, we now have a website that is part of our main database. The staff is in the process of uploading additional documentation and information. Please bear with us while we continue to make this a resourceful website. Like before, you have access to an Address List of all of your Heritage Pines friends and neighbors. You may also view your Club Statement.

If you have not already registered for the new website, please go to www.heritagepines.net. An instructional e-mail was sent to all residents on how to register. To subscribe to e-mails from the Clubhouse, please click on Member Home, and scroll down to

continue to next page

HERITAGE PINES WEBSITE cont'd

Member Subscription. Here you will enter your e-mail, confirm your e-mail, and then select the categories in which you are interested. We request that all members select Official so that you receive important announcements from the Clubhouse. If you need any assistance please call the office at 727-861-7784 or e-mail me at kim.norton@heritagepines.net.

WELCOME NEW RESIDENTS!

On behalf of the staff at the Clubhouse, and the entire Heritage Pines Community, we would like to welcome and recognize the following happy new homeowners and renters!

Bob and Deb Schinaman
of Linkside Village

Don Martineau and Deb Watkins
of Whispering Pines Village

Bill and Pam Arvant
of Rolling Green Village

John and Patricia Brink
of Grand Pines Village



Reminder to new residents: Please make sure you contact Cheryl Thomas at the Clubhouse to schedule your new homeowners orientation. This meeting will provide you with very important information regarding the community, rules and regulations, and the Clubhouse.



CHOICE HEARING AND EAR HEALTH CLINIC



Monday, August 27th

1:00 p.m. - 3:30 p.m.

Signup sheet located in Clubhouse lobby

Are you having trouble hearing? Are you overdue for a checkup? Concerned about the health of your ears? Choice Hearing Solutions (727-807-7082) has been providing this complimentary service to our residents for a couple years now. We strongly recommend signing-up, as the time slots usually go fairly quickly. This is a complimentary clinic for all residents of Heritage Pines to take advantage of. Some of the services being provided include: Video Otoscopy examination to check for Ear Wax, Ear Wax Removal, Hearing Screening, Clean and Check Hearing Aids, One Complimentary Pack of Hearing Aid Batteries.



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carolyn@hershinsurance.com

Heritage Pines RECYCLING PROGRAM

Heritage Pines Community proudly participates in the Pasco County Recycling Program. Please remember that pickups within our community take place on the second and fourth Wednesday of each month. Here is some information regarding what we can and cannot recycle, along with the dates you can expect recycling pick up in our community:

August 8th
August 22nd
September 12th
September 26th
October 10th

October 24th
November 14th
November 21st
December 12th
December 26th

YES!

- ✓ All Plastics Numbers 1,2,3,4,5, and 7
- ✓ Glass Containers – clear, green, brown
- ✓ Steel Cans
- ✓ All Aluminum cans can go in trailer by the HP Golf Cart Barn
- ✓ Newspaper, Cardboard & Mixed paper*

Please remember this is a county program and the dates are subject to change.



NO!

- x Styrofoam of any kind
- x Plastic film or bags of any kind
- x Plastic Picnic ware (plates, cups, utensils, tablecloths)
- x Plastic Toys of any kind.

*Examples of mixed paper include: newspaper, inserts, junk mail, office paper, paper bags and wrapping paper. Examples of cardboard include: shipping containers (flattened), cereal boxes, shirt inserts, cardboard tubes, and shoeboxes.



PLAN YOUR EVENT WITH US!

BANQUETS & CATERING

HOLIDAY PARTIES • SPORTING EVENTS
FAMILY GATHERINGS • CORPORATE EVENTS
GRADUATIONS • BIRTHDAYS • SHOWERS
MEMORIAL LUNCHEONS • WEDDINGS
AND SO MUCH MORE!

Are you looking to hold a birthday or anniversary? Perhaps your village would like to host a monthly social or special event? The Clubhouse at Heritage Pines is open to all residents who wish to hold an event, or sponsor an event for a friend or family member. Nestled in serenity, amongst our picturesque rolling hills, lakes, fairways, and famous pine trees, Heritage Pines is the ideal spot for a resident to host any and every event they desire. We pride ourselves on being professionals in the event industry. From our unique and delectable menu creations, to our knowledge of décor, entertainment, and exceptional guest services, your guests will remember your event at Heritage Pines for years to come. Whether hosting an intimate affair, luncheon, golf tournament, or lavish party, we are confident that our commitment to quality and attention to detail will exceed your expectations and provide you with a memorable and enjoyable event.

Thank you for allowing us to be a part of your event planning endeavors. We would be honored to answer any questions you may have about our menus, services, grounds, and facilities. Should you have any questions, please don't hesitate to contact us. We look forward to creating a lasting relationship with you while helping to coordinate your very special day. If you have any questions, or would like to inquire about an event, please contact Michael Russell at the Clubhouse or by email, mike.russell@heritagepines.net.

HAPPY BIRTHDAY TO THE FOLLOWING RESIDENTS!

We have switched to a new reporting system for Birthdays, if you do not see your birthday listed or notice incorrect information; please contact Celeste Nolan at celeste.nolan@heritagepines.net

Dennis Denney	Aug 1	Joseph Donnelly	Aug 9	Ronald Barranger	Aug 17	Dianne Egan	Aug 26
Florence Myers	Aug 1	Katherine Arno	Aug 9	Sandra J. Ollar	Aug 17	Egidio A Melito	Aug 26
Ilene Carroll	Aug 1	Frank		Sophie L. Cornell	Aug 17	Frank Trocki	Aug 26
John McAulay	Aug 1	Krovisky - DeGraff	Aug 10	Alvin Tillim	Aug 18	Jason Bolte	Aug 26
Timothy Niblett	Aug 1	Kathleen L Dwire	Aug 10	Domenico Ruggia	Aug 18	Judith Douglass	Aug 26
Dorothy Orlando	Aug 2	Leota (Lee) Gebhardt	Aug 10	Janardhan		Kenneth Birstler	Aug 26
Gary L Henry	Aug 2	Linda L Cappiello	Aug 10	Archie Acharya	Aug 18	Michael J. Jr. Cook	Aug 26
Gordon G. Beech	Aug 2	Marcia Roetting	Aug 10	Jeannette Puckett	Aug 18	Anthony P. Grosso	Aug 27
Roger R. Chabot	Aug 2	Rodriquez	Aug 10	Laura J. Newkirk	Aug 18	Barbara Cooper	Aug 27
Thomas Seitz	Aug 2	Vicki Hoffman	Aug 10	Suzann		Dorothy Corrado	Aug 27
Anna D. Velazquez	Aug 3	Hope C Botterbusch	Aug 11	Ballinger-Anderson	Aug 18	Dorothy Corrado	Aug 27
Carol Carter	Aug 3	Marcia Traver	Aug 11	Frank Scarfi	Aug 19	Eva M. Taveau	Aug 27
Christopher Pietrzak	Aug 3	Patricia W. Boyce	Aug 11	Joan Trocki	Aug 19	Gene H. Gunderson	Aug 27
Daisy M. Groeger	Aug 3	Patricia W. Boyce	Aug 11	Mary Ribianszky	Aug 19	Larry D. Giese	Aug 27
Kenneth R. Strey	Aug 3	Theresa Cimino	Aug 11	Nancy Harrison	Aug 19	Monica Aston	Aug 27
Robert Anderson	Aug 3	Thomas Richards	Aug 11	Robert Christison	Aug 19	Patricia R. Christensen	Aug 27
Alice Tupone	Aug 4	Anthony Romano	Aug 12	Terry Webb Cubine	Aug 19	Thomas J. Pifer	Aug 27
Carol Carmichael	Aug 4	Austin Quirion	Aug 12	Walt McNeil	Aug 19	Diane Rericha	Aug 28
Curtin	Aug 4	Carol Grosso	Aug 12	Edward Chubb	Aug 20	Ervin Szekely	Aug 28
Douglas Haseck	Aug 4	Charles S. Osborn	Aug 12	Gary L Vaccaro	Aug 20	Francis Adamowski	Aug 28
Frederick Seamer	Aug 4	Edward L. Mullen	Aug 12	Nancy J. Stark	Aug 20	Kathleen E. Caine	Aug 28
John J. Marhevko	Aug 4	John S. Krawiecki	Aug 12	Patricia Ebbecke	Aug 20	Michael Hindmarsh	Aug 28
Kenneth W. Richie	Aug 4	Linda C. Skaja	Aug 12	Richard C. Kaiser	Aug 20	Nancy Schilling	Aug 28
Rita Curtin	Aug 4	Anna R. Lanzatella	Aug 13	Sallymae Jackson	Aug 20	Sophia Kondrach	Aug 28
Robert James Rieger	Aug 4	Carla Ceurvels	Aug 13	Darlene Bell	Aug 21	Thomas L. Cegla	Aug 28
Thomas C. Anderson	Aug 4	James Kearney	Aug 13	Jerry Boxx	Aug 21	Thomas T. Sherman	Aug 28
Carol L Patterson	Aug 5	Larry E. Lampe	Aug 13	Maureen Whiting	Aug 21	Anneliis S. Hurt	Aug 29
Debra Richardson	Aug 5	Philip Flynn	Aug 13	Luis Angueira	Aug 22	Carol J Donahue	Aug 29
Denis C. Astarita M.D.	Aug 5	Douglas Seberle	Aug 14	Lynn Swanson	Aug 22	Daniel McGuire	Aug 29
Ernie Mayer	Aug 5	Elizabeth Barranger	Aug 14	Pearl M. Riordan	Aug 22	Debra Freeman	Aug 29
Mary C. Ryan	Aug 5	Gilles Galliard	Aug 14	Antoninette Bauerseld	Aug 23	Jacqueline Jackie	
William Groeneveld	Aug 5	Helene Barduhn	Aug 14	Charles Schwartz	Aug 23	Grella	Aug 29
Anthony Labellarte	Aug 6	John J. Bachyrycz	Aug 14	Christine Lyon	Aug 23	Laurie Walters	Aug 29
Carmen M. Geigel	Aug 6	John J. King	Aug 14	Gerald Biumi	Aug 23	Lynda Louise Jacques	Aug 29
Edward Lawson	Aug 6	John Pratt	Aug 14	Joseph Kleinota	Aug 23	Mary Lynn Aigotti	Aug 29
Joan L. Herr	Aug 6	Mary M. Weatherbee	Aug 14	Mary Chiofolo	Aug 23	Robert A. Rankin	Aug 29
Judith A Lucier	Aug 6	Barbara Paronett	Aug 15	Patricia Villano	Aug 23	Carolyn M. Rowan	Aug 30
Judy A. Decker	Aug 6	Dolores McCrann	Aug 15	Sonja Newland	Aug 23	Diane Murphy	Aug 30
Robert A. Simon	Aug 6	Gary Fortier	Aug 15	Ishmael Roberts	Aug 24	Gwyn Schwinn	Aug 30
Robert S. Myers	Aug 6	Hans Bald	Aug 15	Jerry Russo	Aug 24	Jane Orpheus	Aug 30
Ronald J. Weiss	Aug 6	Rosemarie Sepcic	Aug 15	John A Drenchek	Aug 24	June Bavetta	Aug 30
Deborah Como	Aug 7	Dianne Lyle	Aug 16	Raymond Hughes	Aug 24	Rose Ann Loveall	Aug 30
Dennis Driscoll	Aug 7	Geraldine M Hayes	Aug 16	Warren S. Kidd	Aug 24	Beth Florin	Aug 31
Felix C. Fernandez	Aug 7	Jeffrey K Pucko	Aug 16	William John		Bettie Jenkins	Aug 31
Marion Russo	Aug 7	John Ragazzo	Aug 16	Gibbons	Aug 24	Gary R. Johnson	Aug 31
Robert Zimmerman	Aug 7	Judith L. Pressel	Aug 16	Charles E. Stampf	Aug 25	James Egan	Aug 31
David A Mihok	Aug 8	Mark Wayne Elliott	Aug 16	Charles V. Baum	Aug 25	John A Steele	Aug 31
James Pontarelli	Aug 8	Patricia Rampage	Aug 16	Elizabeth Sorensen	Aug 25	Paul A. Mattes	Aug 31
John H. Paronett	Aug 8	Ronald Campbell	Aug 16	Gail Carroll	Aug 25	William E. Schiesz	Aug 31
Ronnie Lynch	Aug 8	Sandra A Wilson	Aug 16	Karin I. Glessner	Aug 25		
Erna Cahill	Aug 9	Susan Boswell	Aug 16	Linda Robb	Aug 25		
James A. McLaughlin	Aug 9	Kenneth J Schulman	Aug 17	Terrance L Harrison	Aug 25		

EMPLOYEE CONTACT INFORMATION

If ever a situation arises, or you just have a question or concern, below is the contact information for the employees who can help you.

Employee Name	Position / Department Responsibilities	Telephone Extension (727) 861-7784	Email
Bill Crusselle	General Manager	Ext. 19	bill.crusselle@heritagepines.net
Marcia Merle	Accounting Manager, Human Resources	Ext. 17	marcia.merle@heritagepines.net
Kim Norton	Office Manager	Ext. 13	kim.norton@heritagepines.net
Herb Hurley	Head Golf Professional	Ext. 24	herb.hurley@heritagepines.net
Michael Russell	Food & Beverage Manager, Resident Event & Activities Director, Banquet/Catering & Special Events, Clubhouse Room Scheduling, ALL "Attention Resident Information"	Ext. 18	mike.russell@heritagepines.net
Terri Delaney	Property Manager, HPC Villages	Ext. 11	terri.delaney@heritagepines.net
Cheryl Thomas	ACC Paperwork, New Homeowners and Renter Orientation, E-bulletins	Ext. 14	cheryl.thomas@heritagepines.net
Celeste Nolan	Assistant Property Manager, Resolutions, Violations, Common Ground Issues, Website Updates, ALL Newsletter information	Ext. 12	celeste.nolan@heritagepines.net
Michele Foster	Bookkeeper	Ext. 20	michele.foster@heritagepines.net
Fireside Dining	Reservations & To Go Orders	Ext. 35	
Gary Wind	Facilities Manager, Clubhouse Maintenance	Ext. 41	gary.wind@heritagepines.net
Jeremy Martin (Down 2 Earth)	Golf Course Superintendent	(727) 861-7784	
HP News	Please send ALL committee posting to the mentioned email address		hpnews@heritagepines.net
Clubhouse Front Desk	Event and general information		frontdesk@heritagepines.net
HPCA Services & Support	Visitor Admittance Vendor Admittance	(727) 862-9288	gatehouse@heritagepines.net



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ENVIRONMENTAL ISSUES COMMITTEE

Environmental Sustainability

Sustainability means being able to continue a defined behavior indefinitely. It has been recognized for some time that there are limits to certain types of growth such as increase in population, increase in pollution caused by manufacturing processes and from energy production and consumption. These limits are imposed by the “carrying capacity” of the environment: the ecosphere can only take so much! Environmental sustainability means recognizing these limits and choosing lifestyle practices that make things easier on the earth and do not cause negative consequences for current or future generations. Everything is connected to everything else and there is no free lunch. A number of efforts toward sustainability are currently underway by folks in Heritage Pines. Thanks to all of you who are trying to make a difference!

Reclaimed water for landscape uses: We are very fortunate to have access to this method of conserving precious and dwindling water resources. Reclaimed water is much cheaper than city water!

HP has replaced incandescent light bulbs in the Clubhouse with LED bulbs, saving energy and money.

Solar energy: Some residents have opted for photovoltaic roof panels and enjoy watching their electricity meters run backwards, but the State of Florida still doesn't make installing solar easy or cheap.

Curbside recycling twice a month: plastics 1-5 and 7, glass bottles and jars, cans, paper and cardboard. Our goal should be to put fewer trash items than recyclables out at the curb.

Community bins for recycling of paper and cardboard at cart barn and R/V storage area. Did you know that our community actually receives \$money\$ from the recycling of **paper** and **aluminum cans** (trailer outside cart barn)? The money has been used for environmental education projects, park benches, and to purchase the reusable “Heritage Pines, Thank you for Recycling” shopping bags that were distributed at craft fair and hazardous waste collection day. Did you get yours?

Blue recycling bins in the Clubhouse: (Billiards, Magnolia, Fitness Center) for recycling of plastic cups and bottles.

A tank for **cooking oil recycling** is located outside the cart barn.

We can make informed choices as consumers by looking for products that perform well, are cost-effective and are safer for the environment. We can choose products with minimal packaging, buy in bulk when we can, and recycle much of the

packaging when we can't. Off-campus recycling options include bins for recycling of plastic bags, styrofoam trays and egg cartons, and paper bags, located outside Publix supermarkets. BUT- let's all make an effort to *avoid* the use of plastic bags and other single-use plastic items and instead use reusable bags and canteens. I recently found an old canvas tote bag with the words: “**E.A.R.T.H.** –Every American's Responsibility To Help”. That about sums it up!

LIFESTYLE COMMITTEE

The Lifestyle Committee meets the second Monday of each month to discuss new ideas and programs of social, recreational, cultural and educational nature for the residents of Heritage Pines. Although we are quite a diverse group we still would always welcome input from any resident. Please feel free to come to one of our meetings, they don't last long.

We are planning to have a walk benefiting a local cancer research group in October. Anyone wishing to participate or volunteer to help can call either Janette Pauley at 352-345-3524 or Lynn Aigotti at 727-862-6404.

During January or February we plan to hold a Scavenger Hunt. This is a first and hope our residents will be as excited about it as we are. If you are interested in helping you can contact Pamela Brown at 727-233-2303 or onthegocatering@aol.com or Lynn Aigotti at 727-862-6404 or laigotti@tampabay.rr.com.

ARCHITECTURAL CONTROL COMMITTEE

By Tim Gorske, ACC Chairman

The ACC has received guidance and support from Dineen Robinson, Assistant Property Manager at Heritage Pines. Dineen and her husband Keith have left Heritage Pines and the USA. They are moving back to Australia and we will miss them. The good news is that Celeste Nolan will be assuming the position of guidance, co-ordination with Board and keeping the ACC current with policy issues. Celeste has been with Heritage Pines for four years and is a licensed community association manager.



COMMUNITY/MEMORIAL TREES

By Linda O'Leary

The Community/Memorial Tree Program provides the opportunity for our residents to purchase a tree in memory of a loved one or friend. Trees may also be purchased to honor a person or because you wish to donate one in your name to beautify our community. They can also be purchased as a gift, perhaps a birthday or anniversary idea. Prices vary according to the type and size of tree. Residents may choose a general location for a donated tree which can be on the golf course, along the main boulevard or in other areas of the community. The final placement of each tree will be approved by Heritage Pines maintenance facilities. Trees will be planted during the months of February/March and September/October. Please plan your purchase during the preceding months. The Community/Memorial Tree Program is headed by Linda O'Leary. Please contact Linda at 819-9207 for pricing information.

A map showing the location of all donated trees is located in the hallway by the Magnolia Room. Also, there is a book at the front desk of the Clubhouse listing information about the many trees planted throughout our community. Each page includes the names of the honoree(s), sponsor(s), tree location and type of tree. Residents may look through this book as desired.





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Heritage Pines Community Association, Inc.
Architectural Control Committee
EXTERIOR CHANGE REQUEST (ECR) FORM

Request No. _____

Date Logged _____ by _____

Article IX of the Master Declaration of Covenants, Conditions and Restrictions for Heritage Pines requires that ALL changes to the exterior appearance of your home must be approved IN ADVANCE of the work being started. Please review the Architectural Control Policy Manual before completing this request.

The Committee will not consider your request without the following information and one form must be completed for each requested change.

Owner _____ Address _____ House _____ Villa _____

PHONE No. _____ Account No. _____ VILLAGE NAME _____ Maintained _____ Non Maintained _____

PAINT HOUSE/DOOR

Palette# _____
Base # _____ Trim # _____ Door# _____

DRIVEWAYS

Paint Base Color _____ Spray Color# _____
Paver Pattern _____ Number of brick colors _____
(sample paver(s) must accompany request form)

LANDSCAPE (Any landscape change requires a survey with the number of feet from side _____ and rear _____ property lines and a sketch detailing location and names of all trees/plants.)

Tree removal Number of trees _____ Tree diameter _____ Number of Trees Left on Property and Location _____

Tree addition Number of trees _____

New beds (List names and attach drawing) _____

Edging/Rock (Color, sample, and location - Edging along side requires survey)

ADDITIONS (Requires a sketch & survey with location, number of feet from side _____ and rear _____ lot lines contractor's drawings)

Lanai/Patio/Birdcage _____

Pool/Hot tub _____

Solar Panels _____

Skylights _____

Attic Fan _____

Roof (sample of roofing materials or selection number from Heritage Pines book)

OTHER (attach picture, color)

Door _____

Screen door _____

Garage door or screen _____

Lighting _____

Windows (anylin, glass) _____

Other (e.g. Satellite dish, gutters, water softener) _____

Description of Change (attach additional page if necessary): _____

MAINTAINED VILLAGES ONLY - Local Architectural Control Committee approval required for all Maintained Villages.

Village Approval: Print Name _____

Village Approval: Signature _____ Approved _____ Disapproved _____

Contractor's Name _____ License Number _____

THIS IS NOT IN LIEU OF ANY PERMIT OR APPROVALS REQUIRED BY PASCO COUNTY.

(Over)

Your signature below acknowledges you have reviewed the Architectural Control Policy Manual and grants permission for the Heritage Pines Community Association Architectural Control Committee to enter onto the owner's property to review the application and to inspect the proposed project site before the work begins. Any work done on the proposed project prior to written or conditional approval of the ACC is a violation of the HPCA Restrictive Covenants and may have to be removed at the property owner's expense.

NOTE: The Architectural Control Committee will review this request. You will be notified within thirty (30) days of the receipt of a completed request. If construction/installation is not commenced within the time set by the ACC in the written approval (but in no event later than ninety (90) days after such approval) the approval shall be deemed rescinded. The resident must request an extension (within one year of approval) and receive new paperwork. Otherwise new paperwork must be submitted.

The homeowner, upon signing this application, understands that the Architectural Control Committee functions to act on behalf of the Board of Directors of Heritage Pines Community Association, Inc. on the acceptability of the appearance of changes to the exterior of buildings or land. There is no intention, expressed or implied, to approve or disapprove any apparatus, its function, contractor or subcontractor. The maintenance of operation or appearance of any installation is the homeowner's responsibility.

If it should be necessary for you or the contractor to run vehicles or equipment over common grounds to do work at your home or on your property, you must first obtain permission from the General Manager and Village Board (if applicable) before any work can begin. Any damage caused must be repaired at the homeowner's expense. Before any work on the property begins it is suggested that the homeowner informs the contractor, or people doing the work, that it is their responsibility to repair any damages done to common grounds by their equipment. Ultimately the homeowner will incur all expenses related to damages

Owner's Signature _____

Date _____

TO BE COMPLETED BY ARCHITECTURAL CONTROL COMMITTEE

____ APPROVED WITH CONDITIONS

____ DISAPPROVED

____ REJECTED

____ SITE VISIT

Comments/Conditions _____

ACC Chair Signature _____

Date _____

HERITAGE PINES REPRESENTATIVE SIGNATURE

EXPIRATION DATE

RETURN THIS REQUEST UPON JOB COMPLETION

DATE COMPLETED _____

Name

Date

Please refer to guidelines for this project in your HP Policy

Green HP Permit must be in the front window during all work



HOURS & FOOD AND BEVERAGE SPECIALS FOR 2018

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Join us every first and third Sunday for an amazing breakfast buffet for just \$10.95. Don't forget to ask about the "Morning Buzz"!	All You Can Eat Buffets 1st Monday Carved Turkey 2nd Monday Italian Night 3rd Monday Prime Rib 4th Monday Seafood Delight	Dinner & Dancing Come on out with friends and loved ones and hear live entertainment from local artists right in our dining room from 6-9:00 p.m.!	Burgers & Cocktails Enjoy a burger and one beer, wine, or mixed drink for just \$12.00. Nightly Specials will be offered as well!	On Thursday, the Fireside will be open from 11:00-3:00 serving Lunch. No Dinner service!	Fish Fry! Have it fried, blackened, or broiled, served with soup or salad bar and choice of two sides for \$11.95.	Karaoke Night is every Saturday! Make your reservations early as this evening fills up fast!

SUMMER RESTAURANT HOURS

Monday, Tuesday, and Wednesday: 11:00 a.m. – 8:00 p.m.
Thursday: 11:00 a.m. – 3:00 p.m. (No Dinner Service)
Friday and Saturday: 11:00 a.m. – 8:00 p.m.
Sunday: 9:00 a.m. – 2:00 p.m.

BAR HOURS

Monday, Tuesday, and Wednesday:
11:00 a.m. – 9:30 p.m.
Thursday: 11:00 a.m. – 6:00 p.m.
Friday and Saturday: 11:00 a.m. – 10:00 p.m.
Sunday: 11:00 a.m. – 5:00 p.m.

"WILL CALL" TICKET PROCEDURE

Are you out of town, travelling, or just plain busy when tickets for a major event go on sale? No worries, Heritage Pines is now proudly offering a "Will-Call" procedure for those residents who are unable to purchase tickets the day they go on sale. The events and shows at Heritage Pines have become incredibly popular. So much so, that we are booking many events and shows with back to back performances. Tickets are selling on the first day they go on sale! It goes without saying, that the Clubhouse has become the hub of social activity within our community.

Here is how it works:

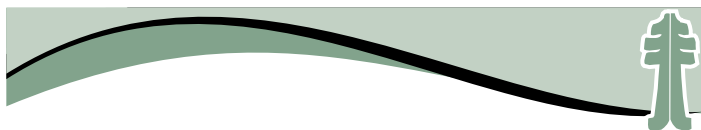
1. Email mike.russell@heritagepines.net with the following information:
 - a. Your Name
 - b. Your Phone Number (the best one to contact you on)
 - c. Your address within Heritage Pines
 - d. The event you want tickets for
 - e. How many tickets you want
 - f. Your member number



g. And most importantly, you must include the following phrase in your email: "Through this email, I authorize Heritage Pines to charge my member account for the number of tickets requested. I understand that this charge will show on my monthly statement."

2. Click Send! – it's that easy...
3. Now, here are a few follow-ups:
 - a. Will-call tickets will be purchased AFTER all residents who have "lined-up" on the day of and received their tickets.
 - b. Only ten tickets can be purchased per resident account.
 - c. Tickets will be purchased in the order they are received.
 - d. We cannot accommodate residents who wish to be seated with anyone else, tickets will be sold to the first available seats.
4. Tickets can be picked up at the front desk at a time that is convenient for you!

We hope this added service comes as a benefit to you all!



DRESS CODE FOR DINING AREAS

As per the Rules and Regulations passed by the HP Board of Directors, a dress code is being implemented and enforced. The below dress code pertains to all Food and Beverage Areas: Dining Room, Bar, Lobby, and in the Magnolia Room and Pac Room (when food is being served). Below is our dress code. Please make sure guests are aware of the current dress code as well.

MEN'S ATTIRE ACCEPTABLE BEFORE 4:00 P.M.

Tee Shirts, Shirts with Sleeves, Approved Golf and Tennis Attire, Jeans, Shorts, including Cargo Shorts, Pants and Sweatshirts and Sweatpants

MEN'S ATTIRE NOT ACCEPTABLE BEFORE 4:00 P.M.

Cut Off Shorts, Sleeveless Shirts, Bare feet, Swimwear, Ripped, Torn, Bleached or Faded Jeans, Biker Attire (*Chains, Doo Rags, Biker Patches, Chaps, Biker Boots, Studded Leather Jackets, Studded Leather Pants, Biker Vests, Shirts with Biker Logos*)

MEN'S ATTIRE ACCEPTABLE AFTER 4:00 P.M.

Dress Shorts, Pants, Jeans, Shirts with Collars, Approved Golf Attire (*with the exception of Henley collared shirts*), Cargo Shorts and Pants

MEN'S ATTIRE NOT ACCEPTABLE AFTER 4:00 P.M.

Cut Off Shorts, Sleeveless Shirts, Hats unless it is for medical or religious reasons, Tee Shirts, Ripped, Torn, Bleached or Faded Jeans, Sweatshirts and Sweatpants, Bare feet, Biker Attire (*Chains, Doo Rags, Biker Patches, Chaps, Biker Boots, Studded Leather Jackets, Studded Leather Pants, Biker Vests, Shirts with Biker Logos*)

WOMEN'S ATTIRE ACCEPTABLE BEFORE 4:00 P.M.

Approved Golf and Tennis Attire, Sleeveless Collarless Tops, Jeans, Hats, Shorts, Pants, Sweatshirts and Sweatpants

WOMEN'S ATTIRE NOT ACCEPTABLE BEFORE 4:00 P.M.

Swimwear without Cover-ups, Tube Tops, Bare Midriffs, Cut Off Shorts, Bare feet, Ripped, Torn, Bleached or Faded Jeans, Water Shoes, Biker Attire (*Chains, Doo Rags, Biker Patches, Chaps, Biker Boots, Studded Leather Jackets, Studded Leather Pants, Biker Vests, Shirts with Biker Logos*)

WOMEN'S ATTIRE ACCEPTABLE AFTER 4:00 P.M.

Pants, Jeans, Capri Pants, Hats, All Dresses, Tops - sleeveless or with sleeves, Shorts, Skorts, and Skirts mid-thigh or longer

WOMEN'S ATTIRE NOT ACCEPTABLE AFTER 4:00 P.M.

Swimwear, Tube Tops, Bare Midriffs, Cut Off Shorts, Bare feet, Ripped, Torn, Bleached or Faded Jeans, Water Shoes, Fitness Attire, Sweatshirts and Sweatpants, Biker Attire (*Chains, Doo Rags, Biker Patches, Chaps, Biker Boots, Studded Leather Jackets, Studded Leather Pants, Biker Vests, Shirts with Biker Logos*)

Join us the 1st and 3rd
Sunday of each month!

Breakfast Buffet



Sunday, August 5th
and Sunday, August 19th
9:00 a.m. - 1:00 p.m.

No Tickets Necessary.
Advanced Reservations Required.
Contact (727) 861-1677.

\$10.95 Menu To Include:

Chef Attended Omelet Station (with eggs to order), Cinnamon French Toast (dusted with powdered sugar), Warm Maple Syrup, Crisp Bacon and Breakfast Sausage, Roasted Breakfast Potatoes, Fresh Sliced Fruit Display, Assorted Breads for Toasting, Breakfast Pastry Display, and Coffee/Tea



CHEF ATTENDED BUFFETS

Start the week off with a full belly! Join us each Monday night for our popular All You Can Eat Nights from 4:00 p.m. - 7:00 p.m. While reservations are not required for dining, they are strongly suggested as these nights are incredibly popular. Reservations ensure that we are ready when you and your guests arrive. To make reservations, please contact (727) 861-1677.

FOR THIS MONTH AUGUST

Monday, August 6th

\$14 CHEF'S TURKEY CARVING STATION

Start with the Fireside Salad Bar with Rolls and Butter.

On the Buffet you will find: Chef's Carving Station with Roast Turkey, Mashed Potatoes, Candied Sweet Potatoes, Gravy, Cornbread Stuffing, Seasonal Vegetable and Cranberry Sauce. And Chef's choice dessert too!

Monday, August 13th

\$14 ITALIAN NIGHT

Start with the Fireside Salad Bar with Rolls and Butter.

On the Buffet you will find: Meatballs in Marinara Sauce, Italian Sausage with Grilled Peppers and Onions. Chef Attended Sauté Station with Chicken, Shrimp, Fresh Vegetables, and four homemade sauces (Alfredo, Marinara, Rosa-Vodka, Basil Pesto). Served over your choice of Penne or Linguini. And Chef's choice dessert too!

Monday, August 20th

\$20 CARVED PRIME RIB

Start with the Fireside Salad Bar with Rolls and Butter.

On the Buffet you will find: Chef's Carving Station with Seasoned Slow Roasted Prime Rib Au Jus, Baked Potato Bar (traditional Baked Potato with a variety of toppings), Chef's Seasonal Vegetable. And Chef's choice dessert too!

Monday, August 27th

SEAFOOD DELIGHT

Start with the Fireside Salad Bar with Rolls and Butter.

On the Buffet you will find: A Sauté Station featuring Chopped Clams, Shrimp, Scallops, assorted vegetables, and your choice of different homemade sauces. Finish your dish with House Rice and Chef's Seasonal Vegetable as well as two other seafood dishes especially created for you. And Chef's choice dessert too!



AARP DRIVING CLASS FOR RESIDENTS 2 SESSIONS

You must attend both sessions.

**EARN A DISCOUNT ON
AUTO INSURANCE!**

THURSDAY, NOVEMBER 1st, 2018

9:00 a.m. - 12:00 p.m.

**Magnolia Room
and**

FRIDAY, NOVEMBER 2nd, 2018

9:00 a.m. - 12:00 p.m.

Magnolia Room

The roadways today are becoming more congested and more hazardous, with more and more people trying to get places. It's never too late to learn more about the roadways and improve your driving skills. By taking this class, and completing BOTH dates, you can earn a discount on your auto insurance too!

The class is \$15.00 for AARP member (please provide copy of your AARP card with your check), and \$20.00 for non-AARP members. Please make your check payable to HPCA. Please sign up at the front desk. These classes will fill-up quickly.

**AARP DRIVER
SAFETY PROGRAM**



BINGO!

Bingo is Sunday, August 19th!

Jackpot Prizes, based on attendance of 50 people or more can total \$350!

Doors Open at 1:00 p.m.

Games Start at 1:30 p.m.

No More Entry Once Doors Close.

Bring your friends and neighbors for an afternoon of Bingo!

Cash prizes will be awarded.

Tuesday Night

Dinner & Dancing



Spend Tuesday Nights at The Fireside as we provide you with a variety of complimentary musical entertainers. Each and every Tuesday night we will host local entertainers from 6:00 p.m. - 9:00 p.m. in The Fireside. There is no cost to attend, but the wait staff will be on hand to provide both food and drink service. To reserve a table, contact (727) 861-1677 and remember to better serve you, we will no longer be accepting parties larger than ten! Here are the entertainers we have scheduled for this month:

Tuesday, August 7th – Angelo Rinfino

Tuesday, August 14th – Artie Lossino

Tuesday, August 21st – Dino

Tuesday, August 28th – Marty Carrol

Saturday Night

KARAOKE with DJ DANNY!

Saturday, August 4th

Saturday, August 11th

Saturday, August 18th

Saturday, August 25th

Join your very talented friends and neighbors for a night of singing, dancing, and an all-around great time! There is no cost to attend, but the wait staff will be on hand to provide both food and drink service.

Karaoke is in The Fireside from 6:00 p.m. - 10:00 p.m.! The Fireside bar will be open until 10:00 p.m. with last call at 9:30 p.m., with the kitchen serving until 8:00 p.m.

To reserve a table, contact (727) 861-1677 and please remember to better serve you, we will no longer be accepting parties larger than 10!



A GUIDE FOR SURVIVORS

Presented by Heritage Pines' own Bill Stoehs

While no one can be fully prepared for their own passing, it is prudent that we acknowledge that when we pass, we leave loved ones behind. There are steps that we can take now, which will make that very difficult time a little easier on those we leave behind. On Friday, September 14th at 2:00 p.m. in the PAC Room, Heritage Pines resident Bill Stoehs will present a program called "A Guide for Your Survivors". This program will focus on the importance of being prepared for our own or a family member's passing. It will not be a sales pitch, there will be nothing to buy. Merely information to help us prepare for the inevitable and guide survivors through these difficult times.

Friday, September 14th at 3:00 p.m. in the PAC

THURSDAY
30
AUGUST

Ticket
\$40
per person
CASH ONLY

PAINTING & WINE PARTY

**Some PAINT
Some WINE
& a lot of FUN!**

**Heritage Pines
PAC ROOM
2:30 - 6:00 pm
On Sale 07/25**



Tickets available from: Carol Dimse 727-233-6068
Geri Brousseau 727-861-2224 • Jan Shiffer 727-863-9474
Sponsored by The Angels in the Pines
Fundraiser for: My Career Closet
Instructor Fran Romano, 16x20 Fall Scene
Includes 2 glasses of wine or non-alcoholic drink • Many raffles!
Bring your own apron to wear! AND bring your ticket

HERITAGE PINES PRESENTS

MIKKI & JIM BEHNER

MELODY
SHOW!



August 31st at 7:00 p.m.
Doors Open at 6:30 p.m.

Jim and Mikki's duets will have you tapping your toes, singing along, and bring back memories that make you smile. You will feel their love of performance and each other. This is a variety show you don't want to miss.

TICKETS
\$12.00

Tickets on Sale 07.06.18

To All Heritage Pines Residents:



The ROMEO's are sponsoring
a new activity for your

enjoyment!

On October 28, 2018, we will be boarding Royal Caribbean's "Oasis of the Seas" and departing Cape Canaveral for a 7-night cruise of the Eastern Caribbean.

Ports of call will be Nassau (Bahamas), St. Thomas and St. Maarten.

For all the information about this cruise, please contact **Jean DeMoura** by telephone at 727-863-8699 or by email: jtdnovelties@aol.com.

Please direct all questions to Jean.

CABIN PRICES

Inside Cabin- \$755.68

Ocean View- \$852.68

Ocean View with Balcony- \$949.68

Each cabin will receive a \$25 on board credit.

The above prices are per person and include all port and government charges. Extra are round-trip transportation to Port Canaveral, insurance and gratuities. There will be a \$250 deposit per person at the time of your booking the cruise. The itinerary, dates, times, and prices are subject to change.

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DREAM BAND!**

September 28th 2018 * Doors open at 6:30 pm
Tickets \$10 * On Sale 08.23.18 * Dress to Impress

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Cannot be combined - Expires 8/31/18

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2018 Independence Day



HERITAGE PINES PRESENTS

THE SOUNDS OF SOUL



MOTOWN AND BEYOND

A COMBINATION OF MOTOWN CLASSICS MIXED WITH
SOME OF THE GREATEST SONGS OF ALL TIME.

**FRIDAY
NOVEMBER 9, 2018**

WWW.THE SOUNDS OF SOUL.NET

DOORS OPEN AT 7:00 PM SHOW STARTS AT 7:30

Tickets on Sale September 5, 2018

Tickets \$25.00 per person

GAME NIGHT

Every Third Wednesday
of
Every Other Month

MUSICAL JEOPARDY

HOSTED BY THE BECKERS

WHEN

Dates: September 21st and November 14th
On Sale: July 19th and September 22nd

WHERE

PAC ROOM
Doors Open @ 6:30 pm
Game @ 7:00 pm

WHY

\$10 GIFT CERTIFICATES
to the Winning Table

HOW

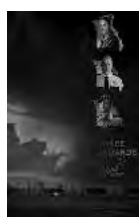
\$6.50 a ticket
Includes Coffee and Cookies

MOVIE NIGHT

You are invited!



Join us on Monday's at 6:30 p.m. in the Clubhouse PAC Room for our complimentary movie night (unless otherwise stated). As always, complimentary popcorn will be provided and the bar is open for anyone who wants to have a drink! If you would like to make a suggestion for a movie . . . email mike.russell@heritagepines.net. Please remember it may take a couple months to get your suggestion into our rotation.



Monday, August 6th THREE BILLBOARDS OUTSIDE EBBING, MISSOURI

2017, Rated R, 1hr 55m, Genre: Action

When law enforcement fails to make headway on the months-long hunt for her daughter's killer, Mildred Hayes takes the drastic step of putting up three large signs questioning the motivation of the town's widely respected police chief.



Monday, August 13th THE FOREIGNER

2017, Rated R, 1hr 54m, Genre: Action

Returning to the perilous world of global counterintelligence depicted in "Kingsman: The Secret Service," this sequel finds agents Eggsy and Merlin teaming with their American counterparts after a brazen attack on the Kingsman headquarters.



Monday, August 20th BIRTH OF A DRAGON

2017, Rated PG-13, 1hr 36m, Genre: Drama

As young Bruce Lee is making a name for himself in the 1960s Bay Area martial arts scene, his inclusive teaching approach comes under fire from the Chinese community, leading to an epic battle between Lee and Shaolin kung-fu master Wong Jack Man.



NO MOVIE AUGUST 27th

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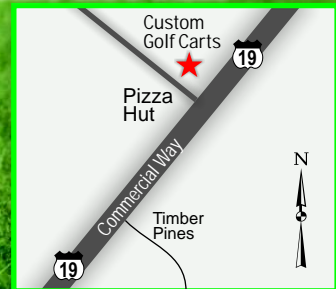
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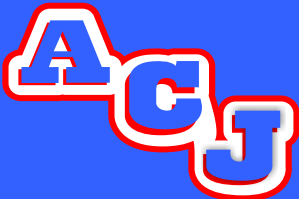
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NINERS LADIES' GOLF ASSOCIATION

Unrelenting summer rains, heat and humidity haven't deterred Niners determined to get out there to enjoy our green and grassy course. Of course there's always that cool, refreshing reward after

A reminder to residents to join us at the Niners Sock Hop taking place on Friday, October 12th. Everyone is invited to join in the funtickets go on sale August 16th. Last year was a blast! See the accompanying poster.....

The deadline deposit of \$100, for the Niners' overnight Mission Inn trip, is due August 28th. Trip dates are October 16 and 17. Rooms are \$283.04 double occupancy. Cost for non-golfers is \$201.72. This lovely Inn has many amenities and beautiful, spacious grounds to enjoy. Debi Benson is collecting deposits on Tuesdays and there is also a sign-up sheet in the folder at the Pro Shop.

Sandy Scheisz reminds us she is accepting \$100 deposits for the Niners' Caribbean Cruise, set for January 26-31, 2019. Outside cabins are \$555, balcony- \$735, based on double occupancy. This includes port and government fees.

Final payment date is November 1, 2018. Contact Rosemary Corrao for booking and information.

Statistics for June

June 5:

Birdie: Barbara Kelly (2)

Chip-In: Diane Helgesen

June 12:

Birdie: Carol Donahue

Chip-Ins: Diane Rericha and

Jean Bettencourt

June 19: Rain-out

June 26:

Chip-In: Judy Gamble

Schedule for August

August 7: Question Game

– Four person Scramble on Back Nine

August 14: Course Closed

– Playing Timber Pines

August 21: Putts - Front

August 28: Individual Stroke Play – Back Nine

That wraps up another monthhard to believe we'll soon be welcoming back our seasonal golfers. We're happy to hear several Niners are recuperating well after recent surgeries and of course we'll continue to support those facing difficult times. Hit 'Em Good and Stay Cool!



OCT 12 FRIDAY
 Doors Open 6:30
 Music 7-10 PM
 Games
 Prizes
 \$7.50
Niners Sock Hop
 Come shake rattle and roll
 to the golden oldies. At
 Heritage Pines 2nd Senior
 Sock Hop. Dig out your saddle
 shoes and grease your hair.
 Open Cash Bar & Popcorn
 Tickets go on sale
 Aug 16. Thursday 2018
 Music By The
 Pauleys
 And More
 ????

Mary Giella Charity "For Kids"

HPLGA "PAR" TICULARS

By Marjorie Convery

Summer is in full swing at Heritage Pines and the golf shop has created new relationships with several local golf courses. Reciprocal agreements and special pricing is available for residents. If you would like to play one of the courses, call the golf shop with the day, time and number of players. Reservations may be made four days in advance, and must be made by a golf shop staff member. The courses are: Timber Pines, Glenn Lakes, Skyview at Terra Vista, Citrus Hills, The Groves, Southern Hills, Sugarmill Woods, Southern Woods, and Tampa Bay. See there are reasons to be here all summer!

Results: June 5, Individual Point Quota

Flight 1: B. Lucius +6, B. Tharp +5, D. Maturi +3, M. Convery +2, B. Tinchler +2. Flight 2: M. Broskey +14, B. Martini +11, S. Petersen +10, B. Stebler +9, D. Benson +2, C.T.P. M. Convery

June 10 - Pick 9

Flight 1: E. Taveau, Net 30.5, C. Gallo, Net 32, B. Tharp, Net 32.5, J. Herr, Net 33. Flight 2: P. Gatzke, Net 25, B. Stebler, Net 30.5, C. Lichterbert, Net 31, M. Convery, Net 32.

Flight 3: M. Broskey, Net 30, S. Hreczuck, Net 32, B. Martini, Net 32, C. Henningsen, Net 33. C.T.P. C. Lichtenberg.

July 3 - Stroke Play

Flight 1: Gross, F. Myers 88, C. Gallo 88. Net: D. Maturi 64, C. Lichtenberg 64.

Flight 2: Gross, M. Fuller 101, B. Lucius, 102. Net: B. Stebler, 70, M. Broskey 73. C.T.P. D. Gaines.

July 10 - Odd Holes

Flight 1: P. Routten, 30, C. Gallo 36, J. Herr 36.5, F. Myers 37.

Flight 2: M. Fuller 35.5, M. Convery 36, B. Tinchler 37.5, C. Lichtenberg 37.5.

Flight 3: C. Henningsen 32, B. Martini, 34, S. Petersen 37, D. Gaines 37.5 C.T.P. C. Gallo.

August Schedule: Aug. 7: Scramble ABCD, Aug. 14: Odd Holes, August 21: Mystery

9, August 28: Putts.

Daphne Gibbs has graciously agreed to write the next "Par" ticulars.

HERITAGE PINES GOLF HANDICAP SYSTEM

By Joy Stefany, Joystefany2@verizon.net, Handicap Chair

"Two basic premises underlie the USGA Handicap System, namely that each player will try to make the best score at every hole in every round, regardless of where the round is played, and that the player will post every acceptable round for peer review. The player and the player's Handicap Committee have joint responsibility for adhering to these premises."

The following information is from the USGA HANDICAP SYSTEM -Section 4 - Adjusting Holes

4-1. Unfinished Holes and Conceded Strokes:

A player who starts, but does not complete a hole or is conceded a stroke must record the most likely score for handicap purposes. The most likely score may not exceed the player's Equitable Stroke Control limit (ESC). ... This most likely score should be preceded by an "X".

There is no limit to the number of unfinished hole a player may have in a round, provided that failure to finish is not for the purpose of handicap manipulation.

4-2. Holes Not played or Not Played Under the Rules of Golf:

If a player does not play a hole or plays it other than under the Rules of Golf (except for preferred lies, the score recorded for that hole for handicap purposes must be par plus any handicap strokes the player is entitled to receive on that hole. This hole score, when recorded, should be preceded by an "X."

Equitable Stroke Control Table

Course Handicap – 18 Holes	Maximum Number On Any Hole
9 or less	Double Bogey
10-19	7
20-29	8
30-39	9
40 or more	10

Nine-Hole Course Handicap	Maximum Number On Any Hole
4 or less	Double Bogey
5-9	7
10-14	8
15-19	9
20 or more	10

MEN'S GOLF ASSOCIATION

Hole-in-One – On June 13th Dave Rickard recorded his fourth Hole-in-One. The ace occurred on Hole 12. Dave was playing from the green tees hitting into a strong wind so he used a five hybrid to cover the 125 yards. His playing partners were, Bob Klepps, Tom Aigotti and Howard Dornfeld. Dave had his first Hole-in-One in Michigan in 1984, second at the Summertree course in 2004 and third here at HP on hole 17 last year. The format for the day was two man scramble and Howard was Dave's partner, Along with Dave's Ace, Howard had a birdie for a team gross of three, pretty hard to beat.

August Games

August 1st	4 Man Scramble (A,C & B,D)
August 8th	Individual Stroke Play
August 15th	Away Trip
August 22nd	2 Man Stroke Play (Pick your Partner)
August 29th	Pro Pick

continue to next page

Member Profile

Steven "Steve" Vance was born in Altoona, Wisconsin a small Midwestern town of approx. 7,000 on July 11, 1951. Steve grew up in Altoona and graduated from High School there. Steve's parents, Arlene and Pete were originally from Eau Claire, Wisconsin. Steve is the second oldest of four children having a brother and two sisters.

After graduating from High School Steve joined the U.S. Air Force and served our country for six years mostly in Germany. He worked extensively with nuclear weapons and traveled all over Germany to the various bases servicing and defusing these weapons. After six years he was honorably discharged at the rank of Staff Sergeant (E-5). Upon returning to Wisconsin Steve entered the University of Wisconsin earning a Bachelor's Degree in Applied Sciences (Mechanical Engineer). Steve then went to work for Norman Equipment Company in Chicago and this is where he met the love of his life Alice. Steve and Alice have been married for 36 years and have three children Marie, Rachael and Eddie and five grandchildren. After seventeen years with Norman, Steve went to work for Gulf Controls. Steve worked for them for 20 years working in Miami and Tampa. The Vance's lived in Tarpon Springs before moving to Heritage Pines in 2003.

Steve finally retired a couple of years ago and he and Alice are happy active members of the HP Community. He currently is a member of the HP Board of Directors and President of the Men's Golf Association and has served on the Golf Advisory Committee and the Golf Handicap Committee. In addition to his golfing, Steve enjoys yearly trips back to Wisconsin to hunt and fish.

HERITAGE PINES MEN'S NINERS

By Don Waitkus

Looks like we are into our summer weather with a bunch of great games coming up. Here's what is happening:

August 1st - Individual low net; August 8th - Individual quota; August 15th - Two man low net; August 22nd - Best net ball of two players; August 29th - Low net, all player play from black tees.

If you want to have a good time for a couple of hours and play some golf come check out the Men's Niners.

We are a friendly group and welcome all level of players. Come join us Wednesday afternoons at 11:45 with a 12:30 tee time.

For more information about the league contact Phil Flynn, President, at 413-977-9413, Russ Stefany, Vice President, at 868-8521, Don Waitkus, Secretary, at 378-7533, Jeff Kohlar, Treasurer, at 849-6144, or George McAnally, Event Officer, at 862-4792. Look forward to seeing everyone on Wednesdays.



GOLF COURSE AND COMMON GROUNDS MAINTENANCE

Now that I have a couple months under my belt here at Heritage Pines, I am hoping that you are seeing the improvements in the golf course and common areas. We have been able to stick to our scheduled maintenance which gives you a better overall appearance as you drive throughout the community.

We had another course closure this month and were able to get the greens verticut, aerified, and topdressed. This process relieves compaction, removes old organic build-ups, and helps to provide water and oxygen to the root zone. It is an extremely invasive procedure but is absolutely necessary. The greens are healing nicely but will take a little more time before they are back to normal. We also applied another granular fertilizer to all turf areas along with a pre-emergent. This will help with recovery of the weak areas that we are still seeing and help reduce the overall weed pressure. Thank you for your patients during this time. We are still seeing mole cricket activity throughout the golf course. We decided to go ahead and spray all turf areas with an insecticide to help control them. We also added a herbicide to the mix to treat the weeds at the same time. This application has been completed in the roughs and we will be working on the tees and fairways next week. We are also continuously treating the weeds in the rough and beds throughout the golf course. With all the rain that we have had this summer it has not been easy keeping up with the weed pressure, but we are applying pre-emergents to bed and turf areas to help us with control.

We have been working our new maintenance schedule in the common area for over a month now and have it down to a four day mowing schedule. This leaves us one full day each week to complete detail work in each section. This has been going well lately, but it is time to trim the green mile again and I am sure will throw us off schedule. Once the green mile has been trimmed, we are going to apply a growth regulator to slow down growth and prevent us from having to trim it once a month. We were able to get the frost damaged plant material removed and replaced along the wall on #7 green and we will be turning in proposals to enhance other monument and high focal areas throughout the community.

Phase 3 landscape project is complete. Safari Landscaping had to fight the weather throughout the entire project but still gave us a quality installation. We were able to work it out with them to include trimming all of the trees in the parking lot instead of just the first row. Now that they have that completed, our crew will trim all the plant material around the Clubhouse and parking lot.

Our next course closure is scheduled for August 14th and 15th and we plan to aerify the greens again just like we did this time. We will also be aerifying some areas in the fairways and we are going to try to get all tees and fairways verticut. I am not sure how much we will be able to get completed, but after seeing how well things went this time, I am setting the bar high.

Thank you again for allowing us to complete this work even though it does interfere with your golf experience. We will do our best to clean up as quick as possible and push the turf to recover quickly. I hope everyone is seeing the progress that is being made and I look forward to hearing the feedback.



Attorney & Counselor at Law, LC
Advice & Counsel

Mark E. Hager, Attorney At Law

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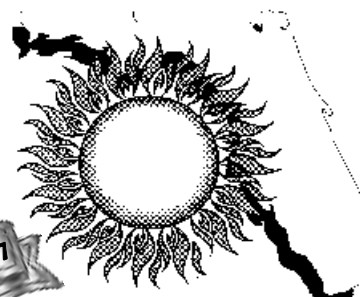
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:00 AM Breakfast Buffet - Restaurant 1:00 PM Angels in the Pines - Craft Dominoes - Billiards Mah Jongg - Craft	7:00 AM HPLGA - PAC 8:00 AM Men's Billiards - Billiards 8:30 AM Tai Chi - PAC 9:00 AM Ladies' Bible Study - Magnolia 9:30 AM Walk Aerobics - PAC 10:00 AM ACC - Conference 11:00 AM Association Sust. Committee - Craft 11:00 AM HPNLGA - PAC 12:30 PM Mah Jongg & Cards - Magnolia 3:00 PM HPPBL (MEN) - Billiards 4:00 PM Cards - Poker Tables 5:30 PM Men's Pinochle - Conference Room 6:00 PM Mah Jongg - Magnolia Tuesday Night Music - Restaurant Barbershop Quartet - Craft Room 6:30 PM Movie Night - PAC	8:00 AM Yoga - PAC Men's Billiards - Billiards 9:30 AM Walk Aerobics - PAC 10:00 AM Fabric Painting - Craft Water Aerobics - Pool 12:00 PM Bridge - Magnolia 1:00 PM Open Interest Art - Craft Room Pinochle - Conference Ladies' Billiards - Billiards 2:00 PM Drama Radio Rehearsal - PAC 4:00 PM Burger Night - Restaurant 6:00 PM Pitch Game - Conference Mah Jongg - Magnolia Women's Poker - Poker Tables Angels in the Pines - Craft	8:00 AM Reichardt Billiards - Billiards 8:30 AM Tai Chi - PAC 9:00 AM Stained Glass - Craft 9:30 AM Walk Aerobics - PAC Ladies' Billiards - Billiards 10:30 AM Line Dancing - PAC 12:00 PM Ping Pong - PAC 12:30 PM Mah Jongg - Magnolia 1:00 PM Open Interest Art - Craft Room Ladies' Billiards - Billiards 2:00 PM Drama Radio Rehearsal - Conference 4:00 PM HP Singers - Craft 3:00 PM HPPBL (MEN) - Billiards 4:00 PM 2 for \$25 - Restaurant 5:30 PM Cards - Poker Tables 6:00 PM Men's Pinochle - Conference Room Toymakers - Craft Cards & Games - Magnolia	8:00 AM Yoga - PAC Men's Billiards - Billiards 9:15 AM Walk Aerobics - PAC 10:00 AM Water Aerobics - Pool 12:30 PM Mah Jongg & Cards - Magnolia 1:00 PM Line Dancing - PAC 12:00 PM Mah Jongg - Conference 2:00 PM Drama Radio Rehearsal - PAC	8:00 AM Men's Billiards - Billiards 8:30 AM Tai Chi - PAC 9:00 AM Ceramics - Craft 9:30 AM Walk Aerobics - PAC 10:00 AM Mah Jongg - Magnolia 12:00 PM Mah Jongg - Conference 2:00 PM Cards & Hi Lo Poker - Poker Tables Couples' Billiards - Poker Table
1:00 PM Angels in the Pines - Craft Dominoes - Billiards Mah Jongg - Craft	8:00 AM Yoga - PAC Men's Billiards - Billiards 9:00 AM DRC 18 9:15 AM Walk Aerobics - PAC 10:00 AM Water Aerobics - Pool 11:00 AM Toymakers - Craft 12:00 PM Pines Glen Social Club - Magnolia 12:30 PM Mah Jongg & Cards - PAC 1:30 PM Mah Jongg - Cards - PAC 1:30 PM New Beginnings Bible Study - Conference 2:00 PM Veterans Club Meeting - Conference 3:00 PM Ladies' Bible Committee - Craft 3:00 PM HPPBL (MEN) - Billiards Room 4:00 PM AYCE Italian Buffet - Restaurant 4:45 PM Men's Bible Study - Magnolia 5:00 PM Ballroom Dancing - PAC 6:00 PM Hi-Lo Poker - Poker Tables 6:00 PM Mah Jongg - Magnolia Cards & Games - Magnolia Bridge - Craft 6:30 PM Movie Night - PAC	7:00 AM HPLGA - PAC 8:00 AM Men's Billiards - Billiards 9:00 AM Tai Chi - PAC 9:00 AM Ladies' Bible Study - Magnolia 9:30 AM Walk Aerobics - PAC 11:00 AM HPNLGA - PAC 11:00 AM Mah Jongg & Cards - Magnolia 1:00 PM Veterans Club Meeting - Conference 3:00 PM HPPBL (MEN) - Billiards 4:00 PM Cards - Poker Tables 5:30 PM Men's Pinochle - Conference Room 6:00 PM Mah Jongg - Magnolia Tuesday Night Music - Restaurant Barbershop Quartet - Craft	8:00 AM Yoga - PAC Men's Billiards - Billiards 9:30 AM Walk Aerobics - PAC 10:00 AM Water Aerobics - Pool 12:00 PM Bridge - Magnolia 1:00 PM Open Interest Art - Craft Room Ladies' Billiards - Billiards 2:00 PM Drama Radio Rehearsal - PAC 4:00 PM Burger Night - Restaurant 6:00 PM Pitch Game - Conference Mah Jongg - Magnolia Women's Poker - Poker Tables Angels in the Pines - Craft	8:00 AM Reichardt Billiards - Billiards 8:30 AM Tai Chi - PAC 9:00 AM Stained Glass - Craft 9:30 AM Walk Aerobics - PAC Ladies' Billiards - Billiards 10:30 AM Line Dancing - PAC 12:00 PM Ping Pong - PAC 12:30 PM Mah Jongg - Magnolia IKEBANA KENOBOW Flower Class - Craft 1:00 PM Dominoes - Magnolia 2:00 PM All Media Art Class - Craft 3:00 PM HPPBL (MEN) - Billiards Room 3:30 PM Democratic Club - Magnolia 4:00 PM 2 for \$25 - Restaurant 5:30 PM Cards - Poker Tables 6:00 PM Men's Pinochle - Conference Room Toymakers - Craft Cards & Games - Magnolia 6:30 PM Republican Club - PAC	8:00 AM Yoga - PAC Men's Billiards - Billiards 9:15 AM Walk Aerobics - PAC 10:00 AM Water Aerobics - Pool 12:30 PM Mah Jongg - PAC 1:00 PM Ping Pong - PAC 12:00 PM Classy Crystals - Craft Mah Jongg - Conference 4:00 PM Drama Radio Rehearsal 1 Cancelled: Computer Class	8:00 AM Men's Billiards - Billiards 8:30 AM Tai Chi - PAC 9:00 AM Ceramics - Craft 9:30 AM Walk Aerobics - PAC 10:00 AM Mah Jongg - Magnolia 12:00 PM Mah Jongg - Conference 2:00 PM Cards & Hi Lo Poker - Poker Tables Couples' Billiards - Poker Table
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PLEASE NOTE: There will be no ROMEO Club breakfast meetings in July or August.

Due to the fact that a large number of members are up north for the summer, the ROMEO Board has elected to cancel the breakfast meetings for August.

Upcoming ROMEO Events

Friday, September 28th - (Couples are invited) Our own **Dr. Jerry Sokol** will be with us to discuss and answer questions concerning prostate cancer. This is a subject that I am sure most of us have thought about and Dr. Sokol's incite should be very enlightening. Note that the good doctor has asked that, should his services be needed at that time, he be excused from the meeting.

Wednesday, October 24th - Cotee River Cruise (Couples are invited) We have booked the "**Miss Daisy II,**" a 40' pontoon boat with a roof and lavatory, for the afternoon of Wednesday, October 24th. The trip will take us up the river to view the homes of silent movie stars who believed that New Port Richey would become the "**Hollywood of the East.**" Included will be a short trip into the Gulf to visit a number of "stilt homes," built and maintained by people with more money than sense. (My guess is that they may serve as fishing platforms or as a place to simply get away.) We may even have dolphins follow the boat... always fun to see. Captain Ray Kelly will be our tour guide, offering a narrative of our cruise.

The boat will leave from **Catches Restaurant** at 7811 Bayview St., Port Richey. It is hoped that **participants might include having lunch there** before boarding the boat. Departure time will be between 1 and 2 p.m. (to be determined). You may bring your own refreshments in a cooler on board. Skip Scott will be taking names and payment for the boat ride... \$25 per person. Pre-teen children are \$15. Any reservation will be tentative until payment is received. You can reach Skip at 610-996-7368 or frog44@gmail.com or by mail to 18129 Nestlebranch Court. Due to relatively new Coast Guard regulations we are limited to 33 passengers... so sign up soon!

Friday, October 26th – Breakfast meeting (Couples are Invited) with a speaker from CapTel (Captioned Telephone). Melissa Johnson will be telling us about a **telephone designed for the hard of hearing.** The unit has a screen on which the other speaker's words appear as they are spoken. The telephone is offered under the auspices of the Americans with Disabilities Act for those with hearing loss. The

unit is **free to qualified users.**

Sunday, October 28th – Seven-night cruise on the Royal Caribbean Oasis of the Seas (Open to all Heritage Pines residents.) This is the first over-night cruise ever planned by the ROMEOs and we would love to have it be a huge success! This will be a trip through the eastern Caribbean leaving from Port Canaveral. Ports visited will be **Nassau (Bahamas), St. Thomas and St. Maarten.** A \$250 deposit will be required at the time of your reservation. Round trip bus transportation to Port Canaveral, including bus driver and porter gratuities, will be \$62 per person. Call **Jean DeMoura (727-863-8699)** for details or to reserve your cabin. (Please see the ad on page 22 for this event in this issue of the PINES.)

Thursday, November 8th – The ROMEO Annual TURKEY TROT Dinner and Dance (Open to all Heritage Pines residents.) Our gala event of the year, the Turkey Trot Dinner and Dance, will be held on Thursday, November 8th. As usual, there will be a wonderful buffet featuring two entrees and a cash bar. The music will be provided by "The Retros," a band that has previously played for Heritage Pines in the Fireside. More specifics concerning this event will be in future issues of the PINES.

March, 2019 – ROMEO Picnic (tentative)

Recent ROMEO Activities

Crime Prevention Task Force Breakfast Meeting - The June 29th breakfast, at which Brian MacNeil of the Crime Prevention Task Force gave a talk, was a success. About 50 members and their partners attended and all thought the speaker was both well-informed and interesting. He had a number of hints and/or tricks to share with us and also had a number of items centered on crime prevention that were for sale at less than retail if not at cost. The ROMEO Board will consider making this speaker available to our members, and possibly to all HP residents, on an annual or bi-annual basis.

Summer Dance in the PAC – The dance, held on July 20th - was after the deadline for this article. A review will be included in the September PINES.

RAYS vs YANKEES Baseball Game at Tropicana Field – This event, held on July 25th, was also too late for this edition and will be covered in the September PINES.

continue to next page

Sunshine Committee

Since June 1, the Sunshine Committee has sent two get-well cards and two cards of condolence. The committee is responsible for sending out get-well and condolence cards to our members or their family. If you know of any ROMEO or his partner who is ill or in mourning, please let our Secretary, Dan Driessen, know. He may be reached at 331-333-0526.

Membership

If you have any interest in joining one of the most active clubs in Heritage Pines, call Mike Miller, Membership Chairman, at 727-869-3959 or email him at mmiller3452@tampabay.rr.com. The club currently has 211 members. We offer the opportunity to attend one breakfast meeting to help you evaluate whether membership in the ROMEOs would appeal to you. Just call Mike!

Your Board

Your Directors (and Officers) are Dan Driessen (S), Phil Flynn, Ronny Krusch (T), Jeff Mariano (VP), Mike Miller and Skip Scott (P). Please contact any one of us concerning ROMEO matters.

HERITAGE PINES COMMUNITY ARTIST IN RESIDENCE

By Hope Botterbusch

This is to announce the premier of the Heritage Pines Community, Artist in Residence series.

Beginning in July, resident artists and their original work was on display in the Clubhouse Lobby, along with a brief biography and their photo. Look to the right as you walk in the front door to see the display. This series features all art mediums that are appropriate to display. Artists will be asked to sign a release form to display their work. Some art will be for sale but contact the artist if you are interested in a purchase.

We began this series with Paula Elliott. Paula is a retired commissioned artist and art instructor. In 1985 Paula was juried at the Pastel Society of New York City and asked to join. She has been a member for over 30 years. Paula painted in pastel, oil, charcoal, acrylic and watercolor. Her journey through art began in elementary school and developed through the years by many artistic avenues.

Every year Paula visits the rookery in Port Richey and does studies of the birds found there. She also takes hundreds of photos and usually uses a combination of them for final details on her paintings. The display in Paula's painting, named "Rookery Great White Egret" is during mating season when these wonderful birds show their most beautiful feathering. Paula's goal was to capture them at their most graceful. These birds were hunted almost to extinction in the early 1900's for women's hat feathers.



Paula and her husband, Herb, were the first residents to build a home in Heritage Pines.

They were the first to discover our ancient sink hole, Paleo Park—the Elliott Site, and all the Paleoindian artifacts found there. So, it is fitting that Paula Elliott is our first resident artist to be featured in the Heritage Pines Artist in Residence Series. If you'd like to be considered for the Artist in Residence Series, please contact Hope Botterbusch at 727-233-2139 or esparanza2@gmail.com.



BOOK CLUB

Final Summer Of '18 Lunch Trip With The Book Club

The Heritage Pines Book Club meets on the fourth Wednesday of each month. We have made our reading selections for the next year, and that list can be found below. We look forward to some great discussions, beginning in September.

During the summer, we hold luncheon meetings outside Heritage Pines. On Wednesday, August 22nd, we'll meet at 11:00 a.m. in the Clubhouse, and then travel to the Southern Hills Plantation in Brooksville, for lunch and "book talk" in southern comfort. Everyone is welcome, and if you wish to join us, the sign-up sheet is located in the Book Club Binder in the Library, where you must sign up no later than August 20. We plan to carpool, so please indicate whether you can drive or will need a ride. Our summer lunches are our yearly "recess", and whether you're new to the community or have been here for a while, you are welcome to join us for a fun lunch. Hope to see you on the 22nd!

- | | |
|--------------|--|
| September 26 | <u>Beneath A Scarlet Sky</u> by Mark Sullivan |
| October 24 | <u>Small Great Things</u> by Jodi Picoult |
| November 28 | <u>The Mistletoe Inn</u> by Richard Paul Evans |
| January 23 | <u>The Girl Who Wrote In Silk</u> by Kelli Estes |
| February 27 | <u>Before We Were Yours</u> by Lisa Wingate |
| March 27 | <u>The Beach Trees</u> by Karen White |
| April 24 | <u>The House By The Lake</u> by Ella Carey |

If anyone has any questions, please call Judith Chase at 862-4545.

LINE DANCING

By Linda C. Russell

Are your "Old Bones" (George Burns) relaxed after a month long vacation of "Fishin in the Dark" (Nitty Gritty Dirt Band)? Ready to "Electric Slide" (Marcia Griffiths and Bunny Wailer) right back to "Boot Scootin' Boogie" (Brooks & Dunn) our way to the "Rock and Roll Waltz" (Kay Starr)?

Well, get ready.... line dancing classes resume in the PAC room on August 2nd at 10:30 a.m. We welcome all newcomers and look forward to seeing all of our friends. The cost is \$5. Most of our group stays for lunch after class. Come join in the fun and enjoy a great workout too. Any questions, please call either Phyllis Poirier at 813-523-1675 or Linda Russell at 727-836-0986.

OPEN INTEREST ART

Open Interest Art is a time set aside each week for people who are into all kinds of art media and want some space to work on their projects. We meet each Wednesday in the Craft Room from 1:00 to 3:00 p.m. and all are welcome to attend. It is not an art teaching class...just people that enjoy watercolors, pastels, etc. So please feel free to come and if you have any questions, please contact Camille Baldick at 727-862-9974.

ANGELS IN THE PINES

The Angels are all busy making hats, by knitting, crocheting, or looming: Fleece is being cut and the sets of hats and scarves are beginning to pile up. The Angels need to make at least 1400 sets by December so the pressure is on.

As mentioned in this email previously the Angels have a special relationship with MY CAREER CLOSET which is a not-for-profit organizations which provides appropriate outfits for women from the Domestic Violence Shelter when they have a job interview. Heritage Pines women have provided many lovely outfits to the organization and continue to do so. Now the Angels have organized an event that will be enjoyable as well as provide much needed funds to My Career Closet.

On Thursday, August 30th from 2:30 to 6 p.m. in The Pac Room, our own Fran Romano will lead an afternoon of Painting along with tasty wine. Please see the enclosed flyer on page 21 for all the details.

Please get your tickets for this really fun and worthwhile event by contacting:

Carol Dimse: 727-233-6068 or cdimse@gmail.com

Jan Shiffer: 727-863-9474 or janmuffin@yahoo.com

Geri Brousseau: 727-861-2224 or geribill@yahoo.com

A very sincere thank you to all the generous residents of HP who have donated needles, yarn, money and of course a special thank you to SmartStorage for its donation of free storage for a year.

All residents are welcome on Sunday at 1 p.m. in the Craft room for friendship and the opportunity to give back to those less fortunate. For more information, please call Geri Brousseau at 727-861-2224.

Yes, I would like to support the work of the Angels in the Pines with a donation of \$ _____

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Please make check out to:

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You will receive an IRS approved receipt for your donation. Thank you for helping with the worthwhile projects of the Angels in the Pines.

WATER AEROBICS

Water, water everywhere! Working out in the water is one of the most therapeutic activities one can take part in. Water aerobics builds cardio, strength and resistance all while being easy on the joints and in a cool and relaxing atmosphere!

Here are the Top 10 Reasons to do Water Aerobics:

- **Increase muscle strength** – Water is a flowing and constantly changing product of nature, and as such can be every unpredictable in its movements. Since water flows in multiple directions, the resistance in the pool can range from four to 42 times greater than air, ensuring the body's muscles get a rigid workout. In fact, a study conducted found that after 12 weeks of regular aquatic aerobic exercise, participants had made significant gains in strength, flexibility and agility.
- **Build endurance** – Unlike traditional weights, which require the human body to push and pull against the weight plus gravity, water resistance is a more natural resistance which requires the body to strain through the water rather than against it.
- **Increases flexibility** – As the body is subject to water resistance during water aerobic exercise – which requires movement in various directions while adjusting to the push and pull of water – the joints naturally increase their range of motion. A study conducted found a significant increase in flexibility after subjecting a group of older adults to aerobic therapy exercise.
- **Low-impact exercise** – We may not often think of it, but the traditional impact we place on our joints during a “land workout” can be taxing. In water aerobics, the buoyancy of the water helps takes off some of the impact we tend to place on our body, due to our own water weight. In layman's terms, our body's is not subject to gravity in the water, therefore the impact our joints take on when, say, running in water, is not equal to the impact when running on land. This is particularly appealing to those with joint conditions such as arthritis or those currently undergoing physical rehabilitation.
- **Alleviates pressure on the joints** – Studies have shown water-based exercises such as water aerobics relieve pressure placed on joints from normal wear-and-tear and arthritis. In fact, hydrotherapy is shown to be the leading form of therapy for those suffering from joint problems.
- **Relieves stress and decreases anxiety** – Watching bodies of water in motion can be one of the most soothing activities one can take part in to help relieve stress, which is why vacations to beaches and island paradises are so popular getaways. But being *in* the water can be just as relaxing! A study conducted found that aquatic exercise significantly decreased anxiety and negative mood states especially in women.
- **Burns calories** – The combination of strength and cardio workouts mixed with water resistance in aquatic exercise ensures the body is getting a full workout. Depending on cardio activity, weight (including additional weights such as dumbbells and weight belts), water temperature, volume

continue to next page

WATER AEROBICS cont'd

and buoyancy, the body can burn between 400 to 500 calories in an hour of exercise.

- **Reduces blood pressure-** Water resistance is not just a buoyancy feature to help work the muscles. In fact, the water pressure actually works with your blood as well and enables one's blood flow to circulate more effectively throughout the body, effectively decreasing blood pressure and, in the long run, decreasing resting heart rate. This benefit means your heart is maintaining its productivity while putting less stress on your heart!
- **Cooling exercise** – As temperatures get warmer and the summer heat draws near, the desire to exercise in the burning sun may suddenly not seem so appealing, and so naturally dipping into any body of water becomes alluring. Water aerobics can satisfy that need to feel cool in warmer temperatures while still enabling a person to exercise. It's cool, crisp and refreshing, especially knowing you aren't struggling in the heat!
- **Popular activity** – Water aerobics is not limited to any age group or skill level. As a result, water aerobics is known to be one of the most popular bonding activities for friends and family. This is a wonderful way to make some new friends and meet your fellow neighbors. The sport appeals to all ages – with younger generations naturally enjoying the fun to be had in swimming pools while still appealing to the older generations and their need to maintain a moderate level of physical fitness.
- **Water Aerobics tips to know:**
 - o Always wear water shoes for added cushioning, shock absorption and comfort. Nerve endings are very close to the soles of your feet and constant jumping without shoes may cause nerve damage.
 - o Stay hydrated. Though the water cools the body, you will still perspire especially during the summer months. I always suggest you drinking water before, during and after class. If during class you feel thirsty you are already dehydrated. Rehydration will prevent you from overheating, muscle cramping and heat stroke.

Come join us every Monday, Wednesday and Fridays. Classes begin at 10:00 a.m. and run for one hour. Classes are taught by Denise Mallek who is certified through the United States Water Fitness Association.

Dale Mallek

Heritage Pines Resident

Phone: 727-697-7260 Email: dale.mallek@verizon.net

MALLEK TECHNOLOGY SOLUTIONS

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- Voice and cell phone setup

BUNCO

The dog days are here for August but to beat the heat, try coming up to the PAC Room on Thursday, August 9th for some Bunco games. We start promptly at 6:30 p.m. and because we are in the PAC we can accommodate quite a few more folks who would like to play. Please remember to bring the appropriate envelopes and if you have any questions, please call Linda Russell at 727-819-3736. Hope you can make it!

ASK THE TECHIE

Q: I am currently using Internet Explorer to access email and the Internet. Some of my family and friends suggested that I should switch to Google Chrome while others say I should use Firefox or that Safari is the best. Which browser do you recommend?

A: If the performance of your computer is acceptable, I'd recommend that you stay with **Internet Explorer**. Web site developers test their web sites using Internet Explorer and I've seen occasional compatibility problems with the other browsers. You should verify that you are running Version 11 on **Windows 7, Windows 8.1 and Windows 10**.

If you find **Internet Explorer** appears to freeze or give you errors, I recommend that you install **Google Chrome**. On older computer **Chrome** is often faster than **Internet Explorer** and tends to have the fewest compatibility problems. Even if you decide to make **Google Chrome** or another program your default browser, you will continue to have **Internet Explorer** available. An advantage of **Chrome** is that it is available on **Android** phones and tablets as well as **Apple** devices. If you use the **SYNC** feature your **Favorites** (Bookmarks) and other settings will be carried over to all devices.

Windows 10 introduces a new browser call **Edge**. **Edge** offers some new options missing from **Internet Explorer** which makes it work trying.

Q: Do you recommend that I power off my computer when I'm not using it?

A: For the casual user, I recommend that you turn your computer on in the morning and don't turn it off until you are done using it for the day. Turning it off and on numerous times during the day is hard on the electronics and may shorten the life of your equipment.

At the end of the day, do a **SHUTDOWN** via the **START** Button on the Taskbar. I don't recommend using the **SLEEP** or **HIBERNATE** functions. On **Windows 8.1/10** the **SHUTDOWN** function is found on the **START** Screen.

If you schedule automated backups or other programs to run during the night, you should not shut down your computer. I do suggest that even if you leave your computer on, you do a **RESTART** once every week or two. This allows Windows to perform cleanup functions that need to be done occasionally.

In the event of an electrical storm, I always advise shutting down the computer to avoid an abrupt shutdown if electrical power is lost or damage to the electronics from a power surge.

Submit questions for future columns to Dale Mallek – dale.mallek@verizon.net

HERITAGE PINES VETERANS CLUB

To honor, educate, and assist all U.S. Military veterans, men and women, by providing social opportunities, information on veteran's entitlements, and outreach activities that address needs beyond the scope of other groups.

Our first Heritage Pines Veterans Club (H.P.V.C.) meeting will be at 2 p.m. on August 21st in the Pac room. We strongly encourage everyone that filled out a club application, or desires to do so, to please attend this very important meeting. The organizing committee has determined that a \$10.00 membership dues is needed to finance group activities. Please bring cash or check to the meeting. Only paid members may nominate and elect of club officers. Those applicants that have not had their service verified, and new applicants, please bring proof of service to the meeting. We sincerely hope to see you all there.

Submitted by the H.P.V.C. Organizing Committee



Wes Norton, Ben Bell, Ben Pressel, Bill Stoebs, Ralph Pauley, and absent from photo Howard Stringer



Name: _____

Branch of service: _____

Dates served: _____

Attach a copy of proof of military service; DD form 214, V.A. card, retired military I.D.:

Village and address: _____

Phone/Cell: _____

E-mail: _____

What experience might you wish to contribute to the club; black out appropriate categories?

☐ Computer ☐ Writing ☐ Web master ☐ Veterans affairs ☐ Photography

☐ Event planning/support ☐ other explain _____

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COMPUTER TRAINING CLASS

Dale Mallek will not be teaching a computer class in July, August or September. The next class will be on October 19th. Check the HP Newsletter for upcoming class dates and subjects.

Dale wants to hear from the residents of Heritage Pines as their topics of interest. Based on resident feedback, he will put together future sessions.

Previous and Planned Class topics include:

- Facebook – using Facebook to communicate with friends/family
- Digital Photos – importing photos from a digital camera, organizing techniques and basic photo editing
- EBay/craigslist – buying and selling items online
- Skype – video/audio chat program
- Document editing – basics of document creation and formatting using a Word Processor
- Spreadsheet editing – basics of document creation and formatting
- Basic Email – basics of using Web Mail
- Web Browser – basics of accessing the Internet using a web browser
- Advanced Email – Discuss on how to do attachments, contact lists etc.
- Windows 10 – learn how to utilize the latest version of Windows
- Android Tablet – using tablet computers
- Cutting the Cable TV “Cord” – alternatives to Cable/Satellite TV

Dale has 40+ years of experience delivering and supporting technology services. His most recent employer was Hewlett Packard. In 2009, Dale began Mallek Technology Solutions providing computer and home theatre support services to residents of Heritage Pines and neighboring communities.

If you have a class subject suggestion, please contact Dale Mallek – dale.mallek@verizon.net.

PACKAGES FOR THE TROOPS

By Marcia Letterer

We are very, very grateful to Nancy Niarchos and The Lifestyle Committee for launching the Packages For the Troops program! With Nancy leaving Heritage Pines, the “torch has been passed” to The Drama Club to carry the program forward. Residents of Heritage Pines have been so generous and we thank you so much! 12 packages were mailed in mid June by Drama Club members to some of our deployed military members. We really appreciate the money donations given at the front desk as each package costs \$17- \$18. If anyone here at Heritage Pines has a military family member or knows of anyone who is overseas, please contact Marcia or Mel Letterer at 727-846-3953 or Jeanette or Ralph Pauley at 727-378-8657. Items mostly needed include white socks, hard candy, gum, small packaged snacks

such as peanuts, beef jerky and small toiletries. We cannot ship canned drinks or large bottles of mouthwash. Our next mailing will be in late September and another in December for the holidays. On behalf of all of our troops, WE THANK YOU!

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INVESTMENT CLUB

By Gerry Hopkins

Have a great summer! We are, but we're not having meetings until the fall. At this time, we plan on resuming meetings on September 24th.

TOYMAKERS

The ToyMakers meet on Monday mornings in the Craft Room from 11:00 a.m. until 2:00 p.m. We also meet on Thursday evenings from 6:00 p.m. until 8:00 p.m. This is a quieter time as fewer elves come on Thursday evenings.

We are busy sanding the wood that has been cut into cute toys. After the sanding we paint and detail the toys and bring them to life. The wheels are then attached. The toys are distributed to local school children and other needy groups before the holiday break in December. Last year we made 1400 toys at Heritage Pines. The ToyMakers are a friendly happy group and many of us have lunch at the Fireside after our work is finished. Come see if you would like to be a part of this charitable group.

The ToyMakers at Heritage Pines are a branch of the Main ToyMakers and are a not for profit 501 (c) (3) organization made up entirely of volunteers. The main branch donates toys to sick and needy children in the Tampa Bay Area. To learn more about The ToyMakers go to www.toymakers.org. Donations can also be made at that website. For more information call Phyllis Matheson at 727-861-5546 or Vicki Hoffman at 727-378-6800.

ToyMakers New Information

If you order anything through Amazon.com, a percentage of your purchase is donated directly to The ToyMakers on every purchase. You must sign in to: amazon.com/smile and designate “The ToyMakers” as your charity of choice. For additional information, contact Stephanie at 727-860-4142. Thank you for your continued support and donations. We and the HP ToyMakers appreciate it.

PUBLIX DELIVERS!

**Growling? No, it's not the dog...
Need to get Groceries....can't get out?**

By Francine Raggi Collins

You can order groceries and have them delivered directly to your door! If you don't have a computer, I am sure a neighbor will do it for you. You just have to ask.

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NEED A RIDE?



Transportation program available to Heritage Pines residents. The ARC Nature Coast Transportation program, a private, not-for profit 501 (C) (3), is part of Florida State's "Enhanced Mobility of Seniors and Individuals with Disabilities" program. They are proud to provide transportation to individuals with no other means of getting into the community for doctor's appointments, therapies, shopping, school and socialization.

The program currently covers West Pasco County from the north and south borders and east to Gunn Highway, and to Shady Hills Road. Coming in the future, services will expand into west Hernando County.

With courteous drivers and vehicles with wheelchair transport capabilities, The ARC Nature Coast's Transportation Program provides an average of 1,000 trips per month to the public. Service is provided Monday thru Friday 8:00 a.m. - 5:00 p.m. A minimum of 72 hours is needed for scheduling purposes. Each passenger must have a prepaid pass to board the vehicle.

TRANSPORT FARES:

One-way Trips - \$5.00 / One-way Wheelchair Trips - \$10.00

10 Trip Pass - \$47.00 / 10 Trip Wheelchair Pass - \$95.00

FOR AN APPLICATION OR MORE INFORMATION,
PLEASE CALL AT 727-376-2777.

Many thanks to Loretta Fulda of Heritage Pines for her consistent effort to help Heritage Pines Seniors.

80+ SUPER SENIORS



Come socialize and meet new friends to reminisce old times at the Clubhouse on Friday, August 10th at 12:00 p.m. for lunch. If interested please call Loretta Fulda at 727-697-2060 or Stephanie Nunziante at 727-860-4142.

SPORTSMEN'S CLUB

By Tom Squadrito

Our club will again sponsor Bocce games in October when the weather cools. Those of you who wish to play now, can borrow the locker key from the front desk anytime. Just remember to return the key SAP, and lock up when finished. When Chairman Jerry opens the locker for our Tuesday game, he returns the key immediately, lest he forget. Also, the courts are well lighted if you wish to play at night.

Sportsmens club members shoot every Wednesday at Robinsons' Ranch. RR allows trap, skeet, and crazy quail. Tom, the owner, is very accommodating, offering free shooting tips where you stand, (but only if you're not hitting the clay disks)! He's agreed to sponsor a class in the future for anyone needing some group training, (or just a refresher). Many of us meet for lunch afterward, which can be one highlight of the day. It's just another one of our weekly and monthly, social activities.

Several of our southern members shoot at Silver Dollar on Thursday mornings. The drive to RR would amount to a three hour round trip. Also, some members shoot pistols occasionally at Golden Pawned on Mariner or Phoenix in Brooksville. We also have many members from Timber Pines.

At our monthly meeting in July, members decided to retain the plaque system for honoring outstanding shooters on a quarterly basis. Also, one of our creative members graciously fashions an award for any member who shoots 25 or 50 straight without one miss. You need to be an excellent shot to receive one of those. If you like fishing, boating, and other sporting activities, there's something for everyone in our club! As you know, we also take pride in supporting Veterans organizations and the wonderful kids at the Mary Giella School. If you desire more information regarding our activities, or if you wish to join our club, contact Tom at 352-232-1149. You're always welcome to attend our one hour meetings.

HERITAGE PINES LADIES' BOWLING LEAGUE

Bowlers Wanted



By June Funk

We hope you are thinking about bowling in the 2018-2019 bowling season. We would always like to have new bowlers join us, even if you have never bowled before or have not bowled for a long time.

This is a non-sanctioned, non-competitive league that enables women of all abilities of bowling experience to have a fun time. We will meet on Wednesday afternoons, at 1 p.m. starting in September, date to be determined. A meeting for all bowlers has been set up in the conference room at Heritage Pines on August 15th at 1 p.m. At that time we will set up teams and decide starting date.

For more information or to sign up, call June Funk at 352-684-7597 or email at juneellen46@yahoo.com

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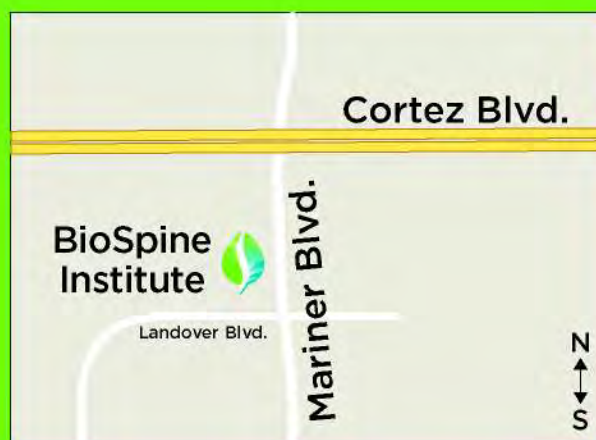


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"I was very impressed with Dr. Michael Higgins, when he treated me for severe shoulder pain...so when my son broke his arm it was no surprise I took him to Dr. Higgins where he also received great care. Once again, Dr. Higgins and his staff worked their magic and his arm is as good as new!" — Valerie C.

"At the age of 22 I was diagnosed with deteriorating cartilage disease chondrolysis. Over the years the condition worsened to avascular necrosis. After repeatedly being turned away by other surgeons I was recommended to Dr. Michael Higgins...within six weeks after surgery I was walking without the need of any assisted devices." — Kristin J.S.

Dr. Higgins specializes in non-operative and operative management of general orthopaedic conditions and the spine.



Michael W. Higgins, DO, PA
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Orthopaedic Surgery

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Residency at Peninsula Hospital, Far Rockaway, New York
Internship at Palmetto General Hospital, Hialeah, Florida
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PASCO COUNTY RECOMMENDED TREE LIST

Common Name	Botanical Name	Native	Comments
Ash, Marshall's Green	<i>Fraxinus pennsylvanica</i>		Large shade tree, use 'Marshall's Seedless'
Bottlebrush	<i>Callistemon viminalis</i>		Small ornamental tree
Crapemyrtle	<i>Lagerstroemia indica</i>		Small ornamental tree, many varieties, colors
Cypress	<i>Taxodium spp.</i>		Requires wet environment
Dogwood	<i>Cornus florida</i>		Understory tree
Elm, Drake	<i>Ulmus parvifolia 'Drake'</i>		Needs early staking to maintain vertical trunk
Elm, Winged	<i>Ulmus alata</i>		Select a mildew resistant variety
Fringe Tree	<i>Chionanthus virginicus, C. retusus</i>		Aromatic flower
Hawthorn	<i>Crataegus spp.</i>		Small tree, best in full sun
Hickory	<i>Carya spp.</i>		Pignut, Water are two species available
Holly	<i>Ilex spp.</i>		Many varieties of tree-form holly
Hophornbeam	<i>Ostrya virginiana</i>		Understory tree
Hornbeam	<i>Carpinus caroliniana</i>		Slow-growing small tree
Long-leaf Pine	<i>Pinus palustris</i>		Large tree, subject to bark beetle
Magnolia	<i>Magnolia grandiflora, 'Little Gem', M. virginiana var. australis</i>		Southern Magnolia is a large tree with extensive root system
Maple	<i>Acer rubrum, A. barbatum, A. negundo</i>		Red Maple, Florida Maple, Boxelder
Oak	<i>Quercus virginiana, Q. shumard</i>		Large shade tree, not for use as street trees
Plum	<i>Prunus angustifoli, P. umbellata</i>		Small flowering tree
Redbud	<i>Cercis canadensis</i>		Small, typically understory tree
Southern Red Cedar	<i>Juniperus silicicola</i>		Screening tree, conical shape
River Birch	<i>Betula nigra</i>		Requires wet environment
Blackgum	<i>Nyssa sylvatica</i>		Also known as Tupelo Gum, need male and female plants for fruit
Sweet Gum	<i>Liquidambar styraciflua</i>		Fruit litter
Sweet Osmanthus	<i>Osmanthus fragrans</i>		Small flowering tree
Tuliptree	<i>Liriodendron tulipifera</i>		Large shade tree
Walter Viburnum, Black Haw	<i>Viburnum obovatum, V. rufidulum</i>		Small flowering tree
Waxmyrtle	<i>Myrica cerifera</i>		Small tree, best in full sun
Sabal Palm, Cabbage Palm	<i>Sabal palmetto</i>		Florida's State Tree
Washington Palm	<i>Washingtonia robusta</i>		Can get very tall
Date Palms	<i>Phoenix spp. except reclinata</i>		Fruit can be messy

This list is not intended to be all-inclusive of available trees. Not all trees are appropriate for all locations. Be sure to review the Florida Friendly Landscaping website (<http://www.floridayards.org/fyplants/index.php>) or go to your local Extension Service office (<http://pasco.ifas.ufl.edu/>) for additional information on these and other plants. 10/24/13

TREES OF HERITAGE PINES

By Deb Tribbey

You see trees every day. But have you ever thought about the benefits of trees? Trees are a very valuable part of landscapes.

- Trees improve air quality by removing particulates and air pollution.
- The shade they cast on buildings can lower summer temperatures and reduce energy costs.
- They increase property values.
- They can help reduce pollution and flooding by taking up water with their roots—water that would otherwise have flowed off the landscape and created storm water runoff.
- Well-chosen and -maintained trees can also help protect your home from hurricane-force winds.

According to the American Forestry Association, each year a single tree in the landscape provides \$73 worth of air conditioning savings, \$75 worth of erosion control, \$75 worth of wildlife shelter, and \$50 worth of air pollution reduction. If the resulting annual total of \$273 is compounded for 50 years at 5 percent interest, it results in a tree value of \$57,151. Therefore, the overall benefits of having trees in the landscape outweigh the initial price and maintenance cost of each tree. (from the University of Florida, <http://gardeningsolutions.ifas.ufl.edu/plants/trees-and-shrubs/trees/>)

Did you know that in the past 100 years, people have tried to make this location a citrus farm, and more recently a lumber plantation? This area is designated as the "Sandhills of Central Florida", zone 9A which means we can expect occasional winter temperatures of 20-25 degrees. Anyone who has put a shovel into the ground understands that description. In 2006, when the developer completed pushing dirt around and pouring cement, and many of us were moved in and looked around where we found the area now known as Heritage Pines was lacking trees in the common ground areas. The County required replacement of trees for the trees destroyed by the developer, and a committee of concerned owners worked to achieve an agreement with the developer to replant appropriate trees in common ground areas including on the golf course and along both sides of Grand Club Drive. The site plan was administered by H.P.'s original Environmental Stewardship Committee. The variety of native tree species planted along Grand Club Drive include: Southern Magnolias, Winged Elm, Florida Maple, Palatka Holly, Sweet Gum, Bald Cypress and Redbud. The variety ensures that any diseases that may target one species, doesn't destroy everything on the grounds. Now, as then, volunteers continue to contribute to a sustainable natural environment in our community.

In the residential neighborhoods our community hasn't been as successful. There is a significant reduction in our Heritage Pines tree canopy with removal of oaks because of insufficient replacements. Trees benefit all of us with shade and other

continue to next page

TREES OF HERITAGE PINES cont'd

environmental benefits. Drive through Timber Oaks sometime and you will notice a beautiful shade canopy of mature oaks. The H.P. Architectural Manual (and Pasco Ordinance) requires a minimum of two trees per lot. A permitting process is required for removal. According to Pasco Ordinance Chapter 800, Section 802 (Tree Preservation and Replacement), before a tree is removed home owners should have a Licensed Arborist or Certified Landscape Architect provide written verification that a tree is causing damage and that mitigation efforts such as pruning roots are not appropriate therefore the tree should be removed.

Use the Pasco County "recommended tree list", which is reprinted in this newsletter or you can find it at <http://www.pascocountyfl.net/DocumentCenter/View/14188>. Use the principle of right-plant, right place to determine a replacement tree appropriate to the location. Again, referencing the H.P. Architectural Manual, no fruit trees of any kind are approved for Heritage Pines residential property.

Except for the Sabal Palm (Florida State Tree), Washington and Date Palms (non-native), palms are not recommended as shade canopy trees. You can find the attributes/characteristics of various trees.....for our zone, mature width and height, wildlife value, shade, etc....at sources such as www.fnps.org (which is a native plant index); or <http://lyra.ifas.ufl.edu/FloridaTrees/index.html> (which is trees for urban and sunburn sites); or <http://www.floridayards.org/fyplants/index.php> (which is Florida friendly plant descriptions).

Florida Arbor Day was in January. National Arbor Day was April 27th. Plant a tree or contribute to planting a tree in our National Forests at <https://shop.arborday.org/memberships-trees-to-forest.aspx>.

THE DRAMA CLUB

By John Popovich

Marcia Letterer is the Publicist for the Drama Club and is responsible for writing the monthly Newsletter articles, but she and her husband Mel are off to some exotic location to celebrate their 49th wedding anniversary. Happy anniversary to both of you from all your Drama Club colleagues.

Good things are happening. We have a Radio show in August and a fall play in November. The radio show is free and the fall play is only ten bucks. So, mark your calendars now! You won't want to miss these two very funny presentations.

We are thrilled to share with you the excitement we experienced at this year's audition for our fall play. Record numbers came out to audition and many were new members not yet seen on our stage. The Drama club welcomes its new members and encourages all HP residents to continue to audition for all of our shows.

Our Radio show this year will be performed on Friday, August 24th at 7 p.m. in the PAC. It will be directed by Janet Neu who is currently the President of the Drama Club Board of Directors. It will be a recall of a Burns and Allen Radio Show performed in 1947. As with all the Burns and Allen shows of the past, this

performance creates many laughs that certainly will bring back wonderful memories. Please come out and support you friends and neighbors as they recreate the hysterics of Burns and Allen.

Then in the fall we will present "Twas the Opening Night Before Christmas" written by Flip Kobler and Cindy Marcus and directed by our own Paula Routten. Performance dates will be Friday, November 30th, and Saturday, December 1st at 7 p.m. with a matinee on Sunday, December 2nd at 2 p.m. Stay tuned for more information on this zany play.

It's time to recognize once again all cast members including those working backstage, offstage or as technical staff for their contributions over the years to consistently make our productions worthy of our residents continued support. You can rest assured that such a high level of performance and competence by all will be continued in the future.

THEATRE CLUB

We are slowly but surely getting prices for the new Straz shows. Some of the shows are getting rather pricey. I guess that stands to reason when everything else is getting expensive also.

Speaking of prices, remember your checks for the September 15th performance at Show Palace, "My Mother's Italian, My Father's Jewish And I'm In Therapy" are due on Tuesday, August 14th. We have to close off ticket sales on Wednesday, August 15th.

Be sure to check out the new lineup of shows in the Library Theatre Club book. If interested in attending any of them, please add your name and number of tickets requested to the list. If the performance is at Show Palace, you need not submit payment until 30 days prior to the date. However, if the show is at Ruth Eckerd or Straz, we need a \$25 check to secure your seat.

If you have any questions or require further information, please contact Marcia Gerber at 819-1662 or Lee Gebhardt at 819-8596.

PING PONG — PICKLEBALL — BOWLING



Pickleball Players

Pickleball a.k.a. Pickle ball. Google it and see if you think you will enjoy or come see us play.

Is it time to try pickle ball.....or is it time to get even better? The new summer indoor schedule for pickleball at Christian Church in the Wildwood at 10051 Country Road, Weekie Wachee, 34613 (located a short distance from 50, on the Northbound side of Highway 19. See entrance sign on the right. Follow road in to the back of building A. The phone number is 352-596-1388. CCW invites both new and intermediate players who want to learn and/or improve in the skill of pickleball.

Cost: \$1.00 donation for supplies.

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Drills and Skills Schedule

Beginner Players 9:00 a.m. - 11:00 a.m. Sign-in and watch a basic video then onto court three for serving, court two for three hoops skills and lobs, and court one for dinking net skills.

Intermediate Players 11:00 a.m. - 1:00 p.m. Sign-in, then court three is blocking, court two is dinking, net skills, lob shots, positioning and strategies. Then court one is basic third shot drop.

Note: regular hours throughout the summer.

Mondays: 7:30 a.m. - 9:00 a.m. advanced
9:00 a.m. - 12 p.m. open play

Fridays: 7:30 a.m. - 9:00 a.m. advanced
9:00 a.m. - 12 p.m. open play

Bowling SPARE NO STRIKE!

Second and fourth Saturday of each month at Spring Hill Lanes at 6:45 p.m. Less than \$6 for three games. Shoes not included. Contact Loretta Fulda to be put on the reminder list. Additional information, please contact Francine Raggi-Collins at 727-868-5152.

Ping Pong

By Francine Raggi-Collins

Ping Pong Helps Seniors Bounce Back. Susan Sarandon, yes the actress, owns a ping pong bar!

A celebrity-backed ping-pong bar isn't where you would expect seniors to hang out. However, so many seniors are regulars at Spin, the New York City table-tennis club founded by Susan Sarandon.

In 2014, PBS did a documentary on seniors playing competitive table tennis, noting how physically, mentally and socially beneficial the sport is. It brought back childhood memories of playing ping pong for so many and helped develop new friendships. It is a aerobic workout no doubt. But, when you begin to play again, after 20 maybe 40 years, you fall in love with the sport.

The Workout

When you first start again, you will have the tendency to maintain an athletic stance generating power from rotating your waist. But, you will soon realize that squatting will give you an added advantage and lower body strength. Although a few weeks into the game you may feel some new aches they will soon subside while your muscle tone enhances.

The Gear

Make sure you wear sneakers or good fitting rubber soled shoes when playing in the HP PAC or elsewhere. Comfortable, loose clothing allows for better air flow as you move about.

Please join us on Thursdays at 10:30 a.m. in the PAC for some good exercise and fun on our brand new table tennis tables! OR you can play in the PAC room at any time as long as events are not planned. Please call the Front Desk to see if the PAC is available for your special play. Bring family and friends up to play too!

See you soon! The Ping Pongers.....

MARY GIELLA FOOD DONATIONS

By Wes and Penny Norton

Time for the children to return to school. The children of Mary Giella return to school August 13th. So we may have new children that will need food. Thanks to all who have helped this summer. Wes and I will be taking the food now that school will be starting. I have several people who have offered their help. I will be calling on them soon. I will let everyone how many we will be helping in September. Thanks again for all your help.

RED HAT SOPHISTICATES

By Jean Demoura

August NO Red Hat Meeting

Aug. 20-21 Overnight Immokalee Casino trip; two casino trips, hotel and breakfast - \$99.00 pp do or \$139.00 single

Sept. 3 Ten night Alaskan Cruise on the Grand Princess. Round trip San Francisco with Ports of call to Juneau, Skagway, Glacier Bay Cruising, Ketchikan, Alaska Victoria, B.C. Canada. Inside \$1599.00; Ocean View \$2299.00; Balcony \$2749.00 Final payment due by June 13, 2018. Air fare to/from San Francisco not included. We will be looking to put a land package together for San Francisco before or after the cruise. Don't wait to book this great cruise as it will sell out quickly.

Oct. 6th 22 Nights repositioning cruise on MSC Divina from Genoa to Miami leaving October 6th from Genoa and on to Rome, Marseille (France), Barcelona, at sea, Cadiz (Spain), Lisbon (Portugal), two days at sea overnight in Ponta Delgada (Portugal), three days at sea, Kings Wharf (Bermuda) from 6 p.m. on October 20th to 12 p.m. on October 22nd, at sea, New York Overnight, two days at sea and arrive in Miami on October 28th. Prices for Bella Class, prices for Interior Cabin \$1722.55, Ocean View \$2072.55, Balcony \$2342.55, Fantastica Class Prices (includes free room service and 12 liquor vouchers per person.) Interior Cabin \$1822.55, Ocean View \$2222.55, Balcony \$2502.55. All prices include government and port charges. Air fare, insurance and gratuities not included.

Oct. 13-28. 15 night Atlantic Coast Cruise (Fall Foliage) on the Ms. Rotterdam Montreal, St. Lawrence River, Quebec City, Charlotte Town, Prince Edward Island, Sydney & Halifax Nova Scotia, Bar Harbor Maine, Boston, Oak Bluffs Martha's Vineyard, New York, Charleston, Key West and Tampa. Inside cabin - \$2199.00. Ocean View - \$2399.00. Price includes all government and port charges.

Oct. 28th Seven night Eastern Caribbean Cruise onboard RCCL Oasis of the Seas from Cape Canaveral to the Bahamas, St. Thomas and St. Maarten. Inside Cabin \$755.68, Ocean View \$852.68, Ocean View Balcony \$949.68. Round trip

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RED HAD SOPHISTICATES cont'd

transportation, insurance and gratuities additional. \$250.00 deposit per person due at booking. *FREE GIFT TO THE FIRST 25 WHO BOOK A CABIN, AND THOSE NAMES WILL BE PUT IN A HAT FOR A DRAWING FOR A VERY SPECIAL GIFT.*

Dec. 22nd Seven night Western Caribbean Holiday Cruise from Tampa, Key West, Cozumel, Belize, Costa Maya & back to Tampa. Inside Cabin \$929.00. Ocean View \$1029.00 Balcony on request. Port and government charges are \$115.68 pp. This is on RCCL Rhapsody of the Seas.

2019

January 3, 2019: Gaylord Palms Orlando Ice

March 14, 2019: Twenty nights Miami to Genoa on Board The MSC Divini. Leaving from Miami and then two days at sea, overnight in New York, at sea, overnight in Kings Wharf (Bermuda), four days at sea, overnight in Ponta Delgada (Portugal), at sea, overnight in Lisbon (Portugal), Malaga (Spain), Valencia (Spain), Marseille (France) and then to Genoa. Prices on request.

Feb. 10, 2019: Fourteen nights on Holland America Rotterdam. Round trip Tampa to Key West, two days at sea, San Juan, St. Thomas, St. John, St. Lucia, at sea, Curaco, Aruba, at sea, Grand Cayman, at sea and back to Tampa. Inside Cabin \$1699.00, Ocean View \$1849.00, Balcony \$3849.00. Deposit of \$600.00pp.

Have you always wanted to go on a trip but haven't anyone to go with??? Let us know that you are interested in sharing a trip. We will be happy to arrange a meeting for you. Some great friendships have begun like this. So call me today instead of sitting home thinking that you could have gone on one of our fabulous trips if you only picked up the phone to make that call! Prices, times, dates and itineraries are subject to change. Call now to reserve your space on any of these great trips. Call Jean DeMoura at 727-863-8699 or 617-699-0736.

TAI CHI

Tai Chi – Beginner: Tuesday at 8:30 a.m. in PAC
Tai Chi – Advanced: Thursday at 8:30 a.m. in PAC
Qigong: Saturday at 8:30 a.m. in PAC

By Rich Cunha, taichienvirorich@gmail.com

Summer Schedule

Please note the revised schedule for August and September: Saturday Qigong classes are as follow – August 4th and 18th; September 8th, 22nd and 29. There will be no Qigong Saturday class on August 11th and 25. No Qigong Saturday class on September 1st and 15th. All classes will resume their regular schedule beginning October 1st. A brand new Beginner class will start November 13th.

What is Tai Chi?

Tai Chi has evolved over hundreds of years from a Chinese martial art into a simple and gentle exercise that has many

health benefits for all ages. Tai Chi practice raises chi, or life energy, which strengthens the immune system, improves health, and whole body energy (or jin), also called intrinsic energy, which improves coordination. As practice evolves, feet, legs and pelvis, spine, arms, and hands feel more connected, and the movements of head and body begin to feel coordinated. There comes a time when breathing and movements of all parts of the body follow one rhythm.

Tai Chi movements build energy gradually; generate warmth; and a sense of completeness. After a half hour of practice, you can feel this energy as heat in certain parts of the body (especially the hands). Each posture cultivates a different kind of energy flow. The role of the individual student, in the process, is to try, through tai chi, to create the conditions in which energy can flow and to give the body time to heal itself.

Tai Chi teaches people to become alert to intelligence from within while learning to listen to what is happening outside and to respond to others. When Tai Chi movements are performed correctly, they work to calm and focus the mind, so that mind, energy, and body work in harmony.

Tai Chi is quality movement. It is physically demanding, yet it works with the body to encourage the gradual developing of strength and reviving of natural openness and coordination. The movements of Tai Chi continually turn the spine, an action that gradually repositions misplaced organs, stimulating them at the same time through an internal form of massage. These same movements also dissipate excess nervous tension held in the body and help balance the nervous system. Practicing tai chi encourages the joints to open, that is, to relax completely, thus increasing the mobility in all joints of the body.

WALK AEROBICS

By Roseann Andare

Want to get together with your friends and neighbor and do something good for your heart at the same time? Then Walk Aerobics is your answer. We meet Monday through Saturday at 9:30 a.m. in the PAC room. The range is from two to five miles depending on the day. Don't worry - even though we are walking inside you will work up a good sweat! Grab a towel, some water and join us for some fun.



LIBRARY

By Susan Bell

It appears that the "Dog Days of Summer" are here. Traditionally it is the 40 days between July 3rd and August 11th. The time frame is intertwined with the movement of the stars.

Now that we know about why it is so hot, it might be a good time to go to the Heritage Pines library where you can spend time in the AC choosing a book to take with you and enjoy in the coolness of your own home.

continue to next page

The hardcover fiction books are on the right hand side of the Library as you enter from the hall, and non-fiction books are on the left along with a few large-print books. The hardcover books have no due date....you are on the honor system. Paperback books are also on the left hand side and do not need to be returned.



Heritage Pines
FOOD & WINE
Club

Summer is in full swing and our events have slowed down. Many of our members are traveling or have gone north for the summer months.

Seven members and guests had so much fun at the BergHOFF cooking class in June. We made sweet and savory crepes and feasted on our creations. Chef Toni taught us new cooking techniques and each one of us made crepes in the BergHOFF crepe pans. There were three varieties of pans with each one cooking a different way. We all agreed that the white one was the easiest to use. We cooked on induction burners that are sold by BergHOFF. If you need an extra burner, this is the way to get one that can be easily used, cleaned and stored. Look at their website for their products and cooking classes that

are open to the public on Saturdays. http://www.berghoffstore.com/cooking_classes.htm.

We are still waiting for the new Polish restaurant in Spring Hill to open. There is another restaurant waiting to open in New Port Richey. It is an Asian Fusion restaurant. We are keeping our eyes on these for future dining experiences.

July 19th was the Wine & Dine Dinner at the Clubhouse and several of our members attended. That is always a good time with Chef Josh teasing our taste buds.

Upcoming this fall is a return to Vintage on 5th in Crystal River.
<http://www.vintageon5th.com/>. This is a great restaurant. Look for our email blasts on all upcoming events.

We are always looking for new dining and wining experiences, so contact Hope with any suggestions. If anyone would like to give an in-home cooking demonstration and tasting, we'd love to hear from you.

New members are always welcome – singles too. Contact Hope Botterbusch at espananza2@gmail.com or 727-233-2139. Bon Appétit and Cheers!

Why do seafood choices matter?

The choices you make as consumers drive the seafood marketplace. Your purchasing power can make a difference by supporting those fisheries and fish farms that are better for the environment, while at the same time relieving pressure on others that are not doing as well. With more than 75 percent of the world's fisheries either fully fished or overfished, these issues are more important than ever. By using the seafood guide for your region, you're making choices based on the best available information and supporting environmentally friendly fisheries and aquaculture operations.

Source: <http://www.seafoodwatch.org/about-us/faqs#whats-sustainable-seafood>

What fish should we eat in Florida?

[illegible]

Make new friends, try new foods and spirits, and get out of the house! Come join us! For more information, contact Hope Botterbusch, Club Coordinator at esparanza2@gmail.com or 727-233-2139.

CERAMICS

By Jackie Ciesla

We meet every Saturday in the craft room from 9 a.m. to 2 p.m. Even if you have never done ceramics before you can learn. Some of the ladies have years of experience and we all can help anybody that is new to the class. Something new to the class is that we now have a small inventory of items for sale at a reasonable price. These are what are called “bisque”, which means they have been cleaned and fired. Ready to be painted. You can paint them two different ways. You can use acrylic paint with a clear topcoat for protection, bought from WalMart or some of the craft stores like Michael's. The other is to use a special ceramic paint that needs to be fired after you have finished. This paint has to be bought from a ceramic store; we can give you the names and addresses. If you have any questions stop in on a Saturday morning. Meet the ladies and get some information, or you can call Jackie Ciesla at 727-861-1965. Everyone is welcome. Hope to see some new faces.

PALEO PARK - ELLIOTT SITE

Herb Elliott gave a private talk and tour on June 8th for the residents of Rolling Green Village. It's always a treat to hear how Herb and Paula discovered our beautiful ancient sink hole.



We are taking a summer break from presentations so look for more interesting environmental talks in the fall. Notices are posted in this column as well as the community email blasts from the Clubhouse staff. Please sign-up on the sheets provided in the Clubhouse lobby for these events so that we can contact you in case there are any changes.

Our resident Park Steward, Deb Tribbey, would like to relay that it may be hot outside, but the pollinators continue to be happily active. They are commonly seen in flowering blooms in the West Coast Dune Sunflowers, Coral Honeysuckles, Florida Sage, Beautyberries, Blanket Flowers, and the Simpson's Stopper bush. This bush is great for Florida yards because it grows very slowly in sandy soil.

The park is always open to visitors and early morning is the best time to visit during the summer before it gets too hot. There is a lovely path around the pond.

Anyone interested in helping the volunteer Park Stewards please give Deb Tribbey a call at 727-857-6583. They try to do a clean-up at least once a month.

Visit the Paleo Park. Elliott Site web pages by going to our Heritage Pines web site, click on Social Activities, and scroll down to Paleo Park. You must sign in to access these pages because Paleo Park is not open to the general public. For those unable to walk the park, this is a great place to see photos, videos and learn the history.

Directions: Drive toward the front gate on Grand Club Drive to Eagle Bend Drive. Turn left on to Eagle Bend Drive and go to the second left, which is Clearcreek Court at Fairway Village. Turn left and drive to the end of the cul-de-sac. You will find the park within the fenced area on the left side of the cul-de-sac.

For more information, contact: Hope Botterbusch, Volunteer Education and Outreach Coordinator at 727-233-2139 or esparanza2@gmail.com.

HPCA TENNIS



By Bill Tory

Well, no doubt about it, the dog days of summer are definitely here! Don't forget to wear sunscreen and drink plenty of water out on the courts.

Summertime is also a great time to join the Heritage Pines Tennis Association. Dues are \$10 per year. Once you are a member you eligible to play in all the open tennis days, tournaments and mixed doubles dates anytime. To join, just contact any board member, our names and contact information is listed on the bulletin boards attached to the bathroom building by the tennis courts.

I'd like to give a shout out to Carol Vaughan. Carol contacted our general manager, Bill Crusselle about the faded chairs and a

table with cracked glass on one of the tennis courts. Bill has taken it to the staff meeting on Monday, June 2nd and spoke to Gary Wind about acquiring some new furniture. Gary is currently in the process of furniture selection through Leaders furniture stores. Bill Crusselle estimates that replacement furniture could be here by the end of September, or earlier. GREAT JOB Carol!!! and thank you from all of us.

Welcome to our newest members, Rick and Carol Warnicke. Rick and his wife have lived here about two months now and Rick is a regular already on court #1 and Carol is working her way onto women's open tennis and a Saturday pickup group.

Kathleen Lonergan and Chuck Widlowski have volunteered to be the Heritage Pines Tennis Championship Tournament Committee for 2019. They have set the dates for the tournament as March 4th through the 10th. Chuck has told me that these dates do not interfere with any golfing events. Now that you know the dates, be sure to reserve them for next year!!!

In the next installment of "What do they do?" We take a look at Women's Open Tennis Lead. Their primary duties are to bring issues to the HPTA Board that affect women's tennis. They oversee and coordinate open tennis play starts at the times established by the HPTA unless play conflicts with other tennis activities. Develop and maintain a score sheet list for each day's play to be used to determine power rankings for open tennis play. This may be modified to use other processes to determine court assignments based on number of participants during the off season. Assign those HPTA members, in good standing, who appear for play, to courts according to their ranking from the power rating list. This list is recalculated after each day's play. The development and maintenance of this rating may be done by another HPTA member and delivered to the lead before each session. If another member is used for maintenance of the rating system, the lead collects, and deliver the score sheets to that person after each day's play. Determine and establish a fair and equitable mechanism by which members who arrive fore open tennis play contribute tennis balls for use during each day's open play. A record of such donation should be kept by the lead in support of this program.

For their secondary duties, it is recommended that an attendance record of those members who play be kept. The power rating sheet may be used for this purpose. Coordinate opportunities for periodic social gatherings. Establish as needed and desired by women's tennis, a "Drills and Skills" clinic, by coordinating day, time and rotation of men to lead the clinic. They also prepare the Annual Women's tennis league report to present at Annual HPTA meeting.

2018 Heritage Pines Tennis Association Board

Officers	Directors
PresidentBill Tory	Women's Tennis.....Shirley Monroe
Vice President.....Walt Vasil	Men's Tennis and
SecretaryPaul Mattes	TournamentsLou Guttleish
Treasurer.....George Zehner	Mixed Doubles.....Marcia Letterer
	HospitalityLinda Tory
	SunshineLu Houde
	MaintenanceFred Houde



HP CAT SITTERS GROUP

By Rusty Peacock

We are in the midst of the summer with heat, humidity, thunderstorms, and possible hurricanes to deal with. Despite the weather you may be planning a trip somewhere and would like to have someone care for your cat (or cats) while you are away. This is the place to solve that problem. We have over 35 members and volunteers to help you. Just call Minette Salomon at (973) 651-7589, email at minette1409@yahoo.com, or call Rusty Peacock at (352) 232-5300, email at rustybird@tampabay.rr.com. We can help you send a message to all 35 volunteers and you pick one to help you and your cat. Sound good? It works well for the community. Have a great summer!

BRIDGE GROUPS

By Judy Kortier, 819-2008

Heritage Pines provides weekly bridge opportunities for its residents. The various bridge groups and their times of play are listed below. If you have a question about the groups, please call Judy Kortier at 819-2008.

Duplicate Bridge

Duplicate bridge is played on Wednesday afternoons at 12:30 p.m. in the Magnolia Room. For more information or to participate, please contact one of the Wednesday duplicate bridge coordinators: Joy Stefany at 868-8521 or Royann Doak at 863-6652.

Party Bridge

Party bridge is played every week at the following times:

Monday evening, 6:00 p.m. in the Craft Room

Wednesday afternoon, 12:30 p.m. in the Magnolia Room

To participate, please contact the appropriate coordinator:

Monday evening: Cecelia McDonnell, 868-0838

Wednesday afternoon: Betty McLaughlin, 863-9462

ACBL Games

American Contract Bridge League games to earn masterpoints are available to Heritage Pines residents at the Nature Coast Bridge Club in Spring Hill. Fee based lessons from beginner to advanced skill levels are also available. For more information, please call Judy Kortier at 819-2008.

BALLROOM DANCING

Bonnie Jordan, our professional dance instructor will be teaching all of the steps that will make you look fantastic on the dance floor at the next Heritage Pines dance? Join us Monday nights from 4:45 to 5:45 p.m. Class is only \$10.00 a couple. Dancing is great exercise that will keep you young at heart. Grab your significant other (or a neighbor) and dance! For information about the class contact Joyce Welsh at 727-863-4515. We hope to see you this Monday night!



HP DEMOCRATIC CLUB

**Every 3rd Thursday
4 – 6 p.m. in the Magnolia Room**

By Linda Myers, *Secretary*



The HP Democratic club took the month of July from regular Club activities. We will resume regular activities in August refreshed and ready to work hard for our party.

Our next membership meeting is scheduled for **Thursday, August 16th, at 4:00 p.m. in the Magnolia Room** at the Clubhouse. If you want to make a difference in this election year, or just want to exchange ideas with like-minded folks, please join us. We encourage all HP Democrats to attend and check us out! For information, call any following: Rich Cunha – 857-3044; Betty Dean – 869-9033; Linda Myers – 233-6226.

HP SOFTBALL NEWS

We had four practices for the month of July: July 6th, July 13th, July 20th and July 27th. We averaged 15 players per practice. Due to the hot weather in July, everyone agreed to change the practice start time from 9 a.m. to 8:30 a.m.

Here is the picture of those players who attended our July 13th practice. Top Row (from left to right): Jeff Geabino, Bill Brough and Jim Hand; Middle Row (from left to right): Lou Guariniello, Jeff Mariano and Carl Benson; Bottom Row (from Left to right): Frank DeRochemont, Jean Barone, Al Velazquez, Al Grosso, Kevin McCrystal and Mike Engel. The photographer was Chris Grosso.



Also, there were a few players who arrived later and are not in the picture i.e.; Rob Cleaveland, Paul Katzenbach, J.R. Lambert, Melvin Sanks and Don Weller. Everyone who attended these practices had the opportunity to hit two sessions of 20 hits each or for a total of 40 hits per practice. However, since it was very hot during our practices only about 3/4 of the players completed their second session of 20 hits.

Here is the list of our five practices scheduled for August: August 3rd, August 10th, August 17th, August 24th and August 31st. All practices begin every Friday at 8:30 a.m.

Anyone (gal or guy) in Heritage Pines who is interested in playing softball can come to Memorial Field which is left off of Little Road at New York Ave. Turn right into the park where you see a large American tank monument and look for the three softball fields on your right.

Al Grosso - Softball Manager; Jeff Mariano - Softball Coordinator

DRAWING / PAINTING CLASS

Artist Fran (d'Atria) Romano will be featuring a new drawing/painting class. Classes will be on Thursdays starting with the second Thursday of each month from 2 p.m. - 4 p.m. Fran has volunteered once again to share her expertise in the following areas: watercolors, acrylics, oils, pastels, charcoal and pencil. Fran has won over 160 awards for her artwork throughout the United States and has achieved national "Women of Achievement" for her artwork. Fran has been conducting watercolor classes here for Heritage Pines and now has decided to expand her lessons to other media. For students who would like to attend but need a list of supplies, please contact her at Fransetchings@gmail.com.

YOGA

Why do yoga! Yoga is good for what ails you; research shows that yoga helps manage or control anxiety, arthritis, asthma, back pain, blood pressure, depression, diabetes headaches. With yoga you can hone your mental focus, rid your system of toxins, you'll even be able to touch your toes, improved flexibility is a bonus for just about every physical activity. Most series of yoga postures include one or more spinal twists the benefits of which can improve your tennis swing, golf swing as well as promote detoxification and proper digestion. And it makes you feel good. Practicing the postures, breathing, exercises, and meditation makes you healthier in body, mind, and spirit.

MONDAY LADIES' BIBLE STUDY

By Carole Hopkins

We are nondenominational and welcome all newcomers. Our meetings are in the Magnolia Room from 9-11 a.m. on Mondays. Meetings have been suspended for the summer and will probably resume on September 10th. Our fall topic will be announced in the September newsletter. For more information, please call Carole Hopkins at 727-697-1664 or e-mail her at oceancarole@gmail.com.

TUESDAY LADIES' BIBLE STUDY

During the month of August we will continue our study by Chip Ingram titled "The Invisible War". We are watching Chip's video each week followed with discussion using the Leader's Guide that accompanies the study.

The study is based on Ephesian 6:10-20 which tells us we are in a spiritual battle, but God has supplied us with weapons to be used against our enemy, Satan. The spiritual battle we fight involves a responsibility on our part to "put on" the spiritual protection that God has provided for us. If you don't know what that is, come and join us on Tuesday mornings at 9:00 until 11:00 a.m. in the Magnolia Room of the Clubhouse.

All women in our community are invited to our non-denomination study whether you have been in Bible studies for

a long time, short time or have never been in one before. All that is needed is a Bible and a desire to be in God's word. For information you can call Pat Hepler at 727-819-2355 or Evie Clark at 727-868-3454.

MONDAY MEN'S BIBLE STUDY

By George Chudyk

Every Monday at 4:00 p.m. we come together to study, share personal testimonies, and pray. We are a Proverbs 27:17 group – "As iron sharpens iron, so a friend sharpens a friend." Come and let's sharpen one another. For information, call George Chudyk at 727-397-3428 or just show up in the Magnolia Room.

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~ Helen Keller

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WHY YOUR FLORIDA GARDEN NEEDS YUCCA PLANTS AND HOW TO GROW THEM

By Deb Tribbey

Yucca plants are evergreen plants with interesting, usually spiky, leaves that bloom into bunches of flowers. There are over 20 species of yucca and three are native to Florida. These are the Spanish Bayonet, Moundlily Yucca, and Adam's needle. You can observe several Spanish Bayonet plants at Paleo Park, which are all blooming right now.

Growing yucca plants in Florida is a great way to encourage indigenous plants to thrive, while benefiting birds and pollinators. If you grow native Florida plants, they also require less TLC because they're in their natural environment. Here's what you need to know about Yucca plants.

The three species of Yucca plant that are indigenous to Florida are beautiful ways to encourage a more creative and healthy garden. Here's how to identify them so you can choose the one that feels perfect for your garden and needs.

1. Spanish Bayonet (Spanish Dagger)

This evergreen plant is marked by sharp tips and two-foot leaves. It can reach up to 20 feet in height, so it's beautiful for spacious gardens. Its heavy, full top can be a great spot to create shade in the garden, too. Spanish Bayonet blooms in white and purple flowers, but it needs lots of sun and well-drained soil to thrive.



Spanish Bayonet (Yucca aloifolia)
Photo credit: Shirley Denton



2. Moundlily Yucca (Yucca gloriosa)

Naturally found in areas such as Northeast Florida, Moundlily Yucca has long pointed leaves that tend to turn downwards. In the hot months, they bloom into upright purple and white flowers. Moundlily prefers sunny areas, although it will tolerate semi-shade. Unlike the Spanish Bayonet, the Moundlily doesn't have extremely sharp leaves, which makes it a softer touch in the garden and safer for small children.

continue to next page

YUCCA PLANTS cont'd

3. Adam's Needle (Yucca Filamentosa)

This trunkless yucca plant blooms in bell-shaped flowers on a central tall stem. Adam's Needle is a shorter yucca plant than the other varieties, and tends to grow no taller than three feet. It's extremely resistant to dry climates, so it's perfect for droughts and rocky gardens that don't require much maintenance. However, make sure you plant it in sunny areas as it worships the sun.

How To Grow Yucca Plants So They Thrive

Yucca plants are generally low-maintenance, so you don't have to do much to ensure that they're healthy and look beautiful. Whether you're an amateur or pro gardener, you can easily grow yucca plants. However, there are some issues you need to consider so that you avoid any potential problems. Here are important ones to note.

Be Careful When Transplanting Yucca Plants From Containers

If you're transplanting your yucca plant from a container into the ground, you need to make sure the hole is at least several inches wider and deeper than its container. Make sure there's a layer of sand and pebbles at the bottom. This provides adequate drainage for the yucca plant as it needs well-drained soil.

Don't Be Too Generous With Water

One of the mistakes to make when planting yucca is to overwater it. Yucca is a water-savvy succulent plant that should only be watered when the top third of its soil is dry to the touch. If the ground gets too wet, this can cause fungal diseases or rot. These plants need great drainage, so avoid rich or impenetrable soil.

Prevent Fungus With An Easy Tip

If your yucca plant gets fungus, you'll be able to identify it by its strange spotting or growths that are a different color from the plant's leaves, such as white. You want to prevent fungal infections and you can do so in a natural way. Baking soda is a natural deterrent to fungus because of its bicarbonate that kills it, so add one tablespoon of it to half a teaspoon of liquid soap and a gallon of water. Spray this mixture on the yucca plant weekly to protect it against fungus.

Choosing The Best Spot For Yucca Plants

Yucca plants need lots of space, especially since a fully-grown plant can reach up to three feet in width. They also have roots that extend into the ground. Ensuring a good amount of space between yucca and other plants, as well as walkways or garden paths, is also a good idea since yucca plants with sharp leaves can be dangerous to small children. Wherever you decide to plant your yucca, make it the star of the show. Yucca are attractive and eye-catching so ensure they take center stage, especially in the summer when they blossom. Since they're evergreen plants, they'll keep your garden looking beautiful all year round.

Creative Landscape Designs For Yucca Plants

If you're not sure how to design your garden for your yucca,

consider a rocky landscape or a more tropical design. These are creative ideas that do justice to your interesting Yucca plant, while also helping you to combine it with other plants in the garden in a harmonious way.

1. A Rocky Landscape

You can create a stunning architectural landscape by combining yucca plants with other succulents, such as cacti, and using rocks as landscape design. If your yucca plant has soft leaves, use spiky cacti to create contrast. On the other hand, if you're using spiky yucca, the other succulents should be softer, perhaps with rounder leaves. Play with textures to create a beautiful urban and visually appealing design.

2. A Tropical Design

However, yucca plants can also be used in a "tropical garden" design because of their bold greenery and pretty blossoms. The Spanish Bayonet with its full leaves and column-like shape that bursts into thick flowers is an example of a yucca plant that calls to mind island getaways. You can team it up with other plants that bear colorful flowers to add a burst of boldness to your garden design.

Yucca plants are striking and low-maintenance, while being perfect for the Florida climate. Add indigenous yucca plants to your garden to make it more unique, for all-year-round visual interest and natural beauty.

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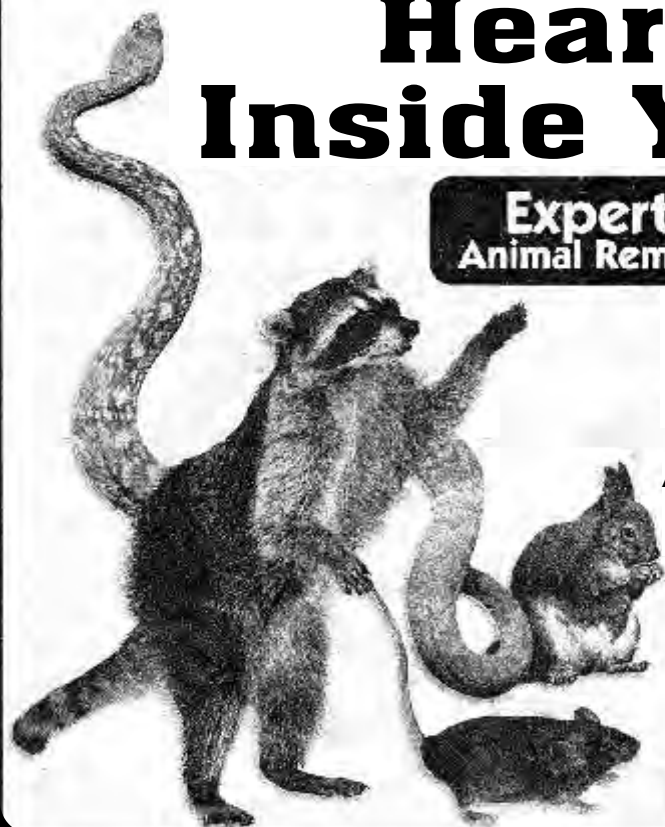
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